



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

0000

Riemer, Ingo

00: SV Zwickau 04

00: 96

00: 42.25 km

Marathon

0000:

Senioren M50 (50-54 Jahre)

000: 3:19:36

00: 12.63 km/h

0000: 4:43 min/km

00000/0000: 23 (of 250)

00000/0: 12 (of 212)

000000: 2:57:03

00000: 2(of 36)

0000000: 3:06:27

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	15:07	4:39	5	1:01	37	2:16	3.25	15:07	4:39	5	1:01	37	2:16
00 2	3.25	14:50	4:33	3	0:42	33	1:57	6.50	29:57	4:36	3	1:43	33	4:13
00 3	3.25	14:50	4:33	3	0:26	25	2:00	9.75	44:47	4:35	3	2:09	31	6:13
00 4	3.25	15:07	4:39	3	1:00	29	2:01	13.00	59:54	4:36	3	3:09	33	8:14
00 5	3.25	15:17	4:42	3	1:12	31	2:34	16.25	1:15:11	4:37	3	4:21	27	10:18
00 6	3.25	15:29	4:45	3	1:27	27	2:19	19.50	1:30:40	4:38	3	5:48	29	12:37
00 7	3.25	15:17	4:42	3	1:24	27	1:54	22.75	1:45:57	4:39	3	7:12	29	14:31
00 8	3.25	15:28	4:45	5	14:44	29	14:44	26.00	2:01:25	4:40	3	8:49	29	16:21
00 9	3.25	15:23	4:44	3	1:17	23	1:40	29.25	2:16:48	4:40	3	10:06	27	17:56
00 10	3.25	15:30	4:46	3	1:13	19	1:45	32.50	2:32:18	4:41	3	11:19	27	19:14
00 11	3.25	15:21	4:43	3	0:21	17	1:36	35.75	2:47:39	4:41	3	11:40	25	19:52
00 12	3.25	16:01	4:55	3	0:46	19	2:26	39.00	3:03:40	4:42	3	12:26	23	21:13
000 00	3.25	15:56	4:54	3	0:43	19	2:04	42.25	3:19:36	4:43	3	13:09	23	22:33