



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

0000

Holly, Michael

00: Team Luftwaffe

00: 144

00: 42.25 km

Marathon

0000:

Männer (20-29 Jahre)

000: 3:28:45

00: 12.07 km/h

0000: 4:56 min/km

00000/0000: 27 (of 250)

00000/0: 14 (of 212)

000000: 2:57:03

00000: 1(of 12)

0000000: 3:28:45

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	14:40	4:30	1	-	25	1:49	3.25	14:40	4:30	1	-	25	1:49
00 2	3.25	14:08	4:20	1	-	15	1:15	6.50	28:48	4:25	1	-	21	3:04
00 3	3.25	14:23	4:25	1	-	13	1:33	9.75	43:11	4:25	1	-	21	4:37
00 4	3.25	14:32	4:28	1	-	21	1:26	13.00	57:43	4:26	1	-	21	6:03
00 5	3.25	14:34	4:28	1	-	19	1:51	16.25	1:12:17	4:26	1	-	21	7:24
00 6	3.25	14:42	4:31	1	-	19	1:32	19.50	1:26:59	4:27	1	-	21	8:56
00 7	3.25	14:48	4:33	1	-	19	1:25	22.75	1:41:47	4:28	1	-	21	10:21
00 8	3.25	16:20	5:01	1	-	37	15:36	26.00	1:58:07	4:32	1	-	21	13:03
00 9	3.25	16:30	5:04	1	-	29	2:47	29.25	2:14:37	4:36	1	-	21	15:45
00 10	3.25	17:02	5:14	3	0:15	31	3:17	32.50	2:31:39	4:39	1	-	25	18:35
00 11	3.25	18:14	5:36	3	1:10	49	4:29	35.75	2:49:53	4:45	1	-	27	22:06
00 12	3.25	18:52	5:48	3	1:52	65	5:17	39.00	3:08:45	4:50	1	-	27	26:18
000 00	3.25	20:00	6:09	3	3:49	107	6:08	42.25	3:28:45	4:56	1	-	27	31:42