



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

0000

Petersilie, Dirk

000: 3:43:32

00: Laufspass SW Sende Team RAIDLIGHT

00: 11.34 km/h

00: 56

0000: 5:17 min/km

00: 42.25 km

00000/000: 51 (of 250)

Marathon

00000/0: 25 (of 212)

000000: 2:57:03

0000:

00000: 5(of 64)

Senioren M45 (45-49 Jahre)

0000000: 3:13:04

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	18:45	5:46	53	5:10	171	5:54	3.25	18:45	5:46	53	5:10	171	5:54
00 2	3.25	18:42	5:45	59	5:07	175	5:49	6.50	37:27	5:45	55	10:17	165	11:43
00 3	3.25	17:56	5:31	43	3:49	127	5:06	9.75	55:23	5:40	55	14:06	163	16:49
00 4	3.25	17:17	5:19	29	3:15	97	4:11	13.00	1:12:40	5:35	47	17:21	135	21:00
00 5	3.25	17:23	5:20	31	3:13	101	4:40	16.25	1:30:03	5:32	45	20:34	131	25:10
00 6	3.25	18:07	5:34	45	3:58	131	4:57	19.50	1:48:10	5:32	43	24:32	131	30:07
00 7	3.25	16:54	5:11	9	2:15	55	3:31	22.75	2:05:04	5:29	41	26:47	123	33:38
00 8	3.25	16:12	4:59	5	1:28	33	15:28	26.00	2:21:16	5:26	31	28:15	103	36:12
00 9	3.25	16:34	5:05	5	1:28	35	2:51	29.25	2:37:50	5:23	27	29:39	89	38:58
00 10	3.25	16:47	5:09	5	1:20	27	3:02	32.50	2:54:37	5:22	23	30:47	81	41:33
00 11	3.25	16:41	5:08	5	1:33	27	2:56	35.75	3:11:18	5:21	21	31:05	79	43:31
00 12	3.25	16:30	5:04	5	1:26	27	2:55	39.00	3:27:48	5:19	15	31:08	65	45:21
000 00	3.25	15:44	4:50	3	1:02	15	1:52	42.25	3:43:32	5:17	9	30:28	49	46:29