



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

□□□□

Bart, Ernst

□□: Laufwunder Steyr

□□: 59

□□: 42.25 km

Marathon

□□□□:

Senioren M45 (45-49 Jahre)

□□□: 3:46:29

□□: 11.13 km/h

□□□□: 5:22 min/km

□□□□□/□□□: 64 (of 250)

□□□□□/□: 30 (of 212)

□□□□□□: 2:57:03

□□□□□: 8(of 64)

□□□□□□□: 3:13:04

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	17:33	5:24	33	3:58	113	4:42	3.25	17:33	5:24	33	3:58	113	4:42	
□□ 2	3.25	16:45	5:09	21	3:10	87	3:52	6.50	34:18	5:16	27	7:08	103	8:34	
□□ 3	3.25	16:45	5:09	15	2:38	69	3:55	9.75	51:03	5:14	21	9:46	87	12:29	
□□ 4	3.25	16:55	5:12	19	2:53	79	3:49	13.00	1:07:58	5:13	21	12:39	85	16:18	
□□ 5	3.25	16:51	5:11	13	2:41	63	4:08	16.25	1:24:49	5:13	21	15:20	79	19:56	
□□ 6	3.25	16:58	5:13	15	2:49	71	3:48	19.50	1:41:47	5:13	19	18:09	77	23:44	
□□ 7	3.25	17:08	5:16	17	2:29	67	3:45	22.75	1:58:55	5:13	19	20:38	75	27:29	
□□ 8	3.25	17:30	5:23	19	2:46	69	16:46	26.00	2:16:25	5:14	19	23:24	77	31:21	
□□ 9	3.25	17:23	5:20	11	2:17	49	3:40	29.25	2:33:48	5:15	19	25:37	77	34:56	
□□ 10	3.25	18:08	5:34	19	2:41	67	4:23	32.50	2:51:56	5:17	19	28:06	77	38:52	
□□ 11	3.25	18:07	5:34	11	2:59	41	4:22	35.75	3:10:03	5:18	17	29:50	71	42:16	
□□ 12	3.25	18:37	5:43	19	3:33	57	5:02	39.00	3:28:40	5:21	19	32:00	73	46:13	
□□□ □□	3.25	17:49	5:28	13	3:07	47	3:57	42.25	3:46:29	5:21	15	33:25	59	49:26	