



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

0000

kemptner, Thomas

000: 3:47:16

00: Wilhelmshaven

00: 11.09 km/h

00: 17

0000: 5:23 min/km

00: 42.25 km

00000/000: 73 (of 250)

Marathon

00000/0: 34 (of 212)

000000: 2:57:03

0000:

00000: 6(of 36)

Senioren M50 (50-54 Jahre)

0000000: 3:06:27

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0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	15:14	4:41	7	1:08	45	2:23	3.25	15:14	4:41	7	1:08	45	2:23
00 2	3.25	15:38	4:48	5	1:30	43	2:45	6.50	30:52	4:44	5	2:38	43	5:08
00 3	3.25	16:07	4:57	5	1:43	47	3:17	9.75	46:59	4:49	5	4:21	43	8:25
00 4	3.25	16:21	5:01	5	2:14	49	3:15	13.00	1:03:20	4:52	5	6:35	45	11:40
00 5	3.25	16:35	5:06	5	2:30	53	3:52	16.25	1:19:55	4:55	5	9:05	45	15:02
00 6	3.25	16:42	5:08	5	2:40	49	3:32	19.50	1:36:37	4:57	5	11:45	45	18:34
00 7	3.25	17:09	5:16	13	3:16	73	3:46	22.75	1:53:46	5:00	5	15:01	45	22:20
00 8	3.25	17:33	5:24	13	16:49	75	16:49	26.00	2:11:19	5:03	5	18:43	45	26:15
00 9	3.25	17:54	5:30	15	3:48	75	4:11	29.25	2:29:13	5:06	5	22:31	51	30:21
00 10	3.25	18:22	5:39	15	4:05	81	4:37	32.50	2:47:35	5:09	5	26:36	49	34:31
00 11	3.25	19:30	6:00	17	4:30	97	5:45	35.75	3:07:05	5:13	7	31:06	53	39:18
00 12	3.25	20:00	6:09	19	4:45	97	6:25	39.00	3:27:05	5:18	9	35:51	59	44:38
000 00	3.25	20:11	6:12	19	4:58	111	6:19	42.25	3:47:16	5:22	11	40:49	67	50:13