



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

0000

Härtel, Thomas

00: Laufftreff Butzbach

00: 88

00: 42.25 km

Marathon

0000:

Senioren M45 (45-49 Jahre)

000: 3:52:55

00: 10.82 km/h

0000: 5:31 min/km

00000/0000: 91 (of 250)

00000/0: 43 (of 212)

000000: 2:57:03

00000: 14(of 64)

0000000: 3:13:04

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	15:23	4:44	9	1:48	47	2:32	3.25	15:23	4:44	9	1:48	47	2:32
00 2	3.25	16:10	4:58	11	2:35	53	3:17	6.50	31:33	4:51	11	4:23	51	5:49
00 3	3.25	16:40	5:07	11	2:33	63	3:50	9.75	48:13	4:56	11	6:56	55	9:39
00 4	3.25	16:48	5:10	17	2:46	73	3:42	13.00	1:05:01	5:00	11	9:42	55	13:21
00 5	3.25	16:58	5:13	19	2:48	75	4:15	16.25	1:21:59	5:02	11	12:30	55	17:06
00 6	3.25	17:08	5:16	21	2:59	79	3:58	19.50	1:39:07	5:04	11	15:29	55	21:04
00 7	3.25	17:25	5:21	21	2:46	81	4:02	22.75	1:56:32	5:07	11	18:15	61	25:06
00 8	3.25	17:46	5:28	29	3:02	91	17:02	26.00	2:14:18	5:09	11	21:17	63	29:14
00 9	3.25	18:25	5:40	31	3:19	91	4:42	29.25	2:32:43	5:13	11	24:32	63	33:51
00 10	3.25	18:49	5:47	33	3:22	97	5:04	32.50	2:51:32	5:16	17	27:42	75	38:28
00 11	3.25	19:41	6:03	35	4:33	103	5:56	35.75	3:11:13	5:20	19	31:00	77	43:26
00 12	3.25	20:59	6:27	39	5:55	119	7:24	39.00	3:32:12	5:26	25	35:32	81	49:45
000 00	3.25	20:43	6:22	41	6:01	123	6:51	42.25	3:52:55	5:30	27	39:51	85	55:52