



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

0000

Luksch, Marcus

000: 3:55:10

00: Niederstetten

00: 10.72 km/h

00: 40

0000: 5:34 min/km

00: 42.25 km

00000/000: 95 (of 250)

Marathon

00000/0: 45 (of 212)

000000: 2:57:03

0000:

00000: 11(of 38)

Senioren M40 (40-44 Jahre)

0000000: 3:00:08

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	18:05	5:33	31	4:25	141	5:14	3.25	18:05	5:33	31	4:25	141	5:14
00 2	3.25	18:35	5:43	35	4:53	165	5:42	6.50	36:40	5:38	35	9:18	159	10:56
00 3	3.25	16:58	5:13	27	2:51	95	4:08	9.75	53:38	5:30	29	12:09	129	15:04
00 4	3.25	19:23	5:57	35	5:26	181	6:17	13.00	1:13:01	5:36	31	17:28	149	21:21
00 5	3.25	16:56	5:12	23	4:13	73	4:13	16.25	1:29:57	5:32	29	20:27	127	25:04
00 6	3.25	17:35	5:24	23	3:36	101	4:25	19.50	1:47:32	5:30	29	24:03	127	29:29
00 7	3.25	17:37	5:25	21	3:43	93	4:14	22.75	2:05:09	5:30	29	27:46	125	33:43
00 8	3.25	17:32	5:23	21	3:27	71	16:48	26.00	2:22:41	5:29	27	31:13	115	37:37
00 9	3.25	17:54	5:30	17	4:11	75	4:11	29.25	2:40:35	5:29	27	35:24	109	41:43
00 10	3.25	17:53	5:30	17	4:08	57	4:08	32.50	2:58:28	5:29	25	39:32	99	45:24
00 11	3.25	18:56	5:49	17	5:11	83	5:11	35.75	3:17:24	5:31	21	44:43	95	49:37
00 12	3.25	18:46	5:46	9	5:11	63	5:11	39.00	3:36:10	5:32	21	49:54	89	53:43
000 00	3.25	19:00	5:50	17	5:08	81	5:08	42.25	3:55:10	5:33	21	55:02	89	58:07