



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

0000

Hertinger, Bernhard

000: 4:11:36

00: LT Hemsbach

00: 10.02 km/h

00: 135

0000: 5:58 min/km

00: 42.25 km

00000/0000: 149 (of 250)

Marathon

00000/0: 69 (of 212)

000000: 2:57:03

0000:

00000: 2(of 8)

Senioren M60 (60-64 Jahre)

0000000: 4:06:50

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	19:38	6:02	7	3:03	203	6:47	3.25	19:38	6:02	7	3:03	203	6:47
00 2	3.25	18:56	5:49	5	1:38	179	6:03	6.50	38:34	5:56	5	4:41	187	12:50
00 3	3.25	18:21	5:38	3	1:06	149	5:31	9.75	56:55	5:50	5	5:47	179	18:21
00 4	3.25	18:41	5:44	3	1:49	155	5:35	13.00	1:15:36	5:48	5	7:36	177	23:56
00 5	3.25	18:17	5:37	3	0:36	145	5:34	16.25	1:33:53	5:46	3	8:12	169	29:00
00 6	3.25	18:32	5:42	3	0:32	153	5:22	19.50	1:52:25	5:45	3	8:44	167	34:22
00 7	3.25	18:51	5:48	3	0:26	145	5:28	22.75	2:11:16	5:46	3	9:10	161	39:50
00 8	3.25	19:55	6:07	5	0:58	157	19:11	26.00	2:31:11	5:48	3	10:08	161	46:07
00 9	3.25	20:21	6:15	5	1:23	151	6:38	29.25	2:51:32	5:51	5	10:24	159	52:40
00 10	3.25	20:18	6:14	3	0:55	133	6:33	32.50	3:11:50	5:54	5	8:59	155	58:46
00 11	3.25	20:25	6:16	3	1:07	121	6:40	35.75	3:32:15	5:56	5	6:38	149	1:04:28
00 12	3.25	19:53	6:07	3	0:49	95	6:18	39.00	3:52:08	5:57	5	3:56	143	1:09:41
000 00	3.25	19:28	5:59	3	0:50	91	5:36	42.25	4:11:36	5:57	3	4:46	137	1:14:33