



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

0000

Reuter, Jürgen

000: 4:20:22

00: Lebach

00: 9.68 km/h

00: 67

0000: 6:10 min/km

00: 42.25 km

00000/000: 171 (of 250)

Marathon

00000/0: 79 (of 212)

000000: 2:57:03

0000:

00000: 26(of 64)

Senioren M45 (45-49 Jahre)

0000000: 3:13:04

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	17:22	5:20	25	3:47	97	4:31	3.25	17:22	5:20	25	3:47	97	4:31
00 2	3.25	17:52	5:29	47	4:17	131	4:59	6.50	35:14	5:25	39	8:04	121	9:30
00 3	3.25	18:40	5:44	57	4:33	167	5:50	9.75	53:54	5:31	45	12:37	133	15:20
00 4	3.25	19:08	5:53	59	5:06	171	6:02	13.00	1:13:02	5:37	53	17:43	151	21:22
00 5	3.25	18:46	5:46	55	4:36	161	6:03	16.25	1:31:48	5:38	53	22:19	149	26:55
00 6	3.25	18:01	5:32	43	3:52	125	4:51	19.50	1:49:49	5:37	55	26:11	147	31:46
00 7	3.25	20:46	6:23	61	6:07	185	7:23	22.75	2:10:35	5:44	57	32:18	155	39:09
00 8	3.25	20:56	6:26	55	6:12	175	20:12	26.00	2:31:31	5:49	55	38:30	167	46:27
00 9	3.25	21:08	6:30	51	6:02	163	7:25	29.25	2:52:39	5:54	55	44:28	167	53:47
00 10	3.25	21:51	6:43	53	6:24	171	8:06	32.50	3:14:30	5:59	55	50:40	167	1:01:26
00 11	3.25	22:03	6:47	45	6:55	151	8:18	35.75	3:36:33	6:03	55	56:20	167	1:08:46
00 12	3.25	22:24	6:53	45	7:20	147	8:49	39.00	3:58:57	6:07	53	1:02:17	159	1:16:30
000 00	3.25	21:25	6:35	43	6:43	135	7:33	42.25	4:20:22	6:09	51	1:07:18	157	1:23:19