



# 9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

0000

Panzer, Alexandra

000: 4:27:41

00: TriRockets

00: 9.41 km/h

00: 152

0000: 6:20 min/km

00: 42.25 km

00000/000: 193 (of 250)

Marathon

00000/0: 10 (of 38)

000000: 3:35:32

0000:

00000: 2(of 6)

Seniorinnen W40 (40-44 Jahre)

0000000: 3:35:32

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	17:15	5:18	3	1:42	7	1:42	3.25	17:15	5:18	3	1:42	7	1:42
00 2	3.25	17:55	5:30	3	2:49	9	2:49	6.50	35:10	5:24	3	4:31	9	4:31
00 3	3.25	18:21	5:38	3	3:20	13	3:20	9.75	53:31	5:29	3	7:51	9	7:51
00 4	3.25	19:13	5:54	3	3:53	19	3:53	13.00	1:12:44	5:35	3	11:44	13	11:44
00 5	3.25	19:22	5:57	3	3:17	17	3:17	16.25	1:32:06	5:40	3	15:01	15	15:01
00 6	3.25	20:02	6:09	3	3:32	19	3:32	19.50	1:52:08	5:45	3	18:33	15	18:33
00 7	3.25	20:44	6:22	3	5:01	19	5:01	22.75	2:12:52	5:50	3	23:34	15	23:34
00 8	3.25	21:14	6:31	3	4:41	19	4:41	26.00	2:34:06	5:55	3	28:15	15	28:15
00 9	3.25	21:53	6:44	3	4:21	21	4:21	29.25	2:55:59	6:00	3	32:36	15	32:36
00 10	3.25	22:59	7:04	5	5:20	25	5:20	32.50	3:18:58	6:07	3	37:56	17	37:56
00 11	3.25	24:42	7:35	5	6:07	33	6:53	35.75	3:43:40	6:15	3	44:03	21	44:03
00 12	3.25	23:36	7:15	5	4:18	31	5:58	39.00	4:07:16	6:20	3	48:21	21	48:21
000 00	3.25	20:25	6:16	3	3:48	11	3:48	42.25	4:27:41	6:20	3	52:09	19	52:09