



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

0000

Kister, Marco

000: 5:02:34

00: Computer Kister

00: 8.33 km/h

00: 20

0000: 7:10 min/km

00: 42.25 km

00000/000: 239 (of 250)

Marathon

00000/0: 103 (of 212)

000000: 2:57:03

0000:

00000: 10(of 20)

Senioren M35 (35-39 Jahre)

0000000: 2:57:03

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0000

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| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|--------|------|-------|--------|----|-------|-----|-------|-------|---------|--------|----|---------|-----|---------|
| | km | 00 | min/km | - | - | 0 | 0 | km | 00 | min/km | - | - | 0 | 0 |
| 00 1 | 3.25 | 19:46 | 6:04 | 17 | 6:55 | 205 | 6:55 | 3.25 | 19:46 | 6:04 | 17 | 6:55 | 205 | 6:55 |
| 00 2 | 3.25 | 19:53 | 6:07 | 17 | 7:00 | 199 | 7:00 | 6.50 | 39:39 | 6:05 | 17 | 13:55 | 201 | 13:55 |
| 00 3 | 3.25 | 20:14 | 6:13 | 17 | 7:24 | 201 | 7:24 | 9.75 | 59:53 | 6:08 | 17 | 21:19 | 201 | 21:19 |
| 00 4 | 3.25 | 20:33 | 6:19 | 19 | 7:27 | 203 | 7:27 | 13.00 | 1:20:26 | 6:11 | 17 | 28:46 | 201 | 28:46 |
| 00 5 | 3.25 | 20:58 | 6:27 | 17 | 7:45 | 205 | 8:15 | 16.25 | 1:41:24 | 6:14 | 17 | 36:31 | 201 | 36:31 |
| 00 6 | 3.25 | 22:27 | 6:54 | 19 | 9:17 | 207 | 9:17 | 19.50 | 2:03:51 | 6:21 | 17 | 45:48 | 205 | 45:48 |
| 00 7 | 3.25 | 23:35 | 7:15 | 19 | 10:12 | 209 | 10:12 | 22.75 | 2:27:26 | 6:28 | 17 | 56:00 | 205 | 56:00 |
| 00 8 | 3.25 | 25:23 | 7:48 | 19 | 11:45 | 211 | 24:39 | 26.00 | 2:52:49 | 6:38 | 19 | 1:07:45 | 207 | 1:07:45 |
| 00 9 | 3.25 | 28:02 | 8:37 | 19 | 14:14 | 211 | 14:19 | 29.25 | 3:20:51 | 6:51 | 19 | 1:21:59 | 207 | 1:21:59 |
| 00 10 | 3.25 | 27:18 | 8:24 | 19 | 13:06 | 211 | 13:33 | 32.50 | 3:48:09 | 7:01 | 19 | 1:35:05 | 209 | 1:35:05 |
| 00 11 | 3.25 | 26:27 | 8:08 | 17 | 11:44 | 205 | 12:42 | 35.75 | 4:14:36 | 7:07 | 19 | 1:46:49 | 209 | 1:46:49 |
| 00 12 | 3.25 | 23:27 | 7:12 | 17 | 8:47 | 161 | 9:52 | 39.00 | 4:38:03 | 7:07 | 19 | 1:55:36 | 207 | 1:55:36 |
| 000 00 | 3.25 | 24:31 | 7:32 | 15 | 9:55 | 171 | 10:39 | 42.25 | 5:02:34 | 7:09 | 19 | 2:05:31 | 205 | 2:05:31 |