

9. Kristallmarathon im Erlebnis Bergwerk Merkers Merkers / 22.02.2015



Vetter, Katharina

□□: alexs little running club

□□: 1141

□□: 9.75 km

10 km Lauf

Seniorinnen W35 (35-39 Jahre)

□□□: 53:36

□□: 10.07 km/h

□□□□: 5:30 min/km

______: 183 (of 326)

□□□□/□: 10 (of 80)

[][][]: 38:41

□□□□: 4(of 22)

____: 38:41

□□ km	00	□□ min/km			00 n		□□□ km		□□□ min/km					
3.25	17:02	5:14	5	- 4:45	17	⊔ 4:45	3.25	17:02	5:14	5	- 4:45	17	⊔ 4:45	

 $\Box\Box$ 1 3.25 18:49 5:47 7 5:37 5:37 6.50 35:51 5:30 10:22 19 10:22 23 3.25 17:45 5:27 4:33 4:33 9.75 53:36 5:29 14:55 19 14:55 21