



12. Lorsch Triathlon

Lorsch / 02.08.2015

Wilhelm, Lee

Wilhelm, Lee

Club: Clever Fit Lampertheim

Age: 256

Distance: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Gender: männliche

Age Group: AK 2 (TM 25)

Time: 1:27:09

Rank: 263 (of 340)

Rank: 213 (of 251)

Rank: 59:47

Rank: 22(of 24)

Rank: 59:47

Summary

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	km	km/h	-	-	-	-	km	km/h	-	-	-	-	km	km/h	-	-	-	-
Schwimmen nett	0.50	12:19	2.44	18	4:22	179	4:35	0.50	12:19	2.44	25	4:22	180	4:35				
Wechsel S -> R	-	4:05	-	23	2:42	230	2:42	0.50	16:24	1.83	25	7:00	251	7:00				
Schwimmen	0.50	16:24	1.83	25	7:00	251	7:00	0.50	16:24	1.83	25	7:00	251	7:00				
Rad netto	20.00	40:49	29.40	20	9:25	215	38:13	20.50	57:13	21.50	25	16:25	251	39:38				
Wechsel R -> L	-	1:14	-	20	0:41	165	0:45	20.50	58:27	21.04	25	17:05	210	39:18				
Rad	20.00	42:03	28.54	20	10:05	214	37:53	20.50	58:27	21.04	25	17:05	210	39:18				
Lauf	5.00	28:42	10.45	24	10:27	213	14:56	25.50	1:27:09	17.56	22	27:22	216	46:17				