



17. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 20.06.2015

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fat fighters

□□: 83

□□: 168.50 km

Blankenstein-Hörschel

□□□□:

Männerstaffel

□□□: 14:17:00

□□: 11.76 km/h

□□□□: 5:05 min/km

□□□□□: 84 (of 230)

□□□□□□: 10:28:35

□□□□□: 67(of 144)

□□□□□□□: 10:28:35

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.00	1:24:59	4:59	50	18:14	63	18:14	17.00	1:24:59	4:59	50	18:14	63	18:14
Schildwiese	19.20	1:30:32	4:42	75	24:22	100	24:22	36.20	2:55:31	4:50	54	40:22	70	40:22
Neuhaus	16.00	1:27:02	5:26	84	27:40	106	27:40	52.20	4:22:33	5:01	62	1:07:05	79	1:07:05
Masserberg	17.30	1:23:47	4:50	57	19:19	67	20:41	69.50	5:46:20	4:58	56	1:24:29	67	1:24:29
Allzunah	17.90	1:34:55	5:18	86	29:04	111	29:04	87.40	7:21:15	5:02	61	1:49:37	73	1:49:37
Grenzdler	20.00	1:38:21	4:55	69	27:13	106	28:34	107.40	8:59:36	5:01	64	2:13:48	82	2:13:48
Neue Ausspanne	13.40	1:07:10	5:00	62	18:20	74	18:20	120.80	10:06:46	5:01	60	2:29:56	76	2:29:56
Kleiner Inselsber	13.90	1:25:59	6:11	132	33:08	195	33:08	134.70	11:32:45	5:08	72	3:02:30	90	3:02:30
Hohe Sonne	18.80	1:31:24	4:51	61	23:05	83	23:05	153.50	13:04:09	5:06	67	3:24:42	85	3:24:42
Hörschel	15.00	1:12:51	4:51	66	23:45	84	23:45	168.50	14:17:00	5:05	68	3:48:25	85	3:48:25