



17. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 20.06.2015

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Sport frei...!!!

□□: 157

□□: 168.50 km

Blankenstein-Hörschel

□□□□:

Männerstaffel

□□□: 14:19:50

□□: 11.72 km/h

□□□□: 5:06 min/km

□□□□□: 87 (of 230)

□□□□□□: 10:28:35

□□□□□: 70(of 144)

□□□□□□□: 10:28:35

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| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □□□ | □□ □□□ |
|-------------------|----------|----------|--------------|---------|---------|-----------|-----------|--------|----------|------|---------|---------|-----------|-----------|
| Grumbach | 17.00 | 1:31:11 | 5:21 | 81 | 24:26 | 117 | 24:26 | 17.00 | 1:31:11 | 5:21 | 81 | 24:26 | 117 | 24:26 |
| Schildwiese | 19.20 | 1:34:03 | 4:53 | 90 | 27:53 | 125 | 27:53 | 36.20 | 3:05:14 | 5:07 | 84 | 50:05 | 111 | 50:05 |
| Neuhaus | 16.00 | 1:20:08 | 5:00 | 46 | 20:46 | 55 | 20:46 | 52.20 | 4:25:22 | 5:05 | 68 | 1:09:54 | 87 | 1:09:54 |
| Masserberg | 17.30 | 1:28:50 | 5:08 | 80 | 24:22 | 100 | 25:44 | 69.50 | 5:54:12 | 5:05 | 69 | 1:32:21 | 87 | 1:32:21 |
| Allzunah | 17.90 | 1:41:02 | 5:38 | 113 | 35:11 | 155 | 35:11 | 87.40 | 7:35:14 | 5:12 | 82 | 2:03:36 | 102 | 2:03:36 |
| Grenzdler | 20.00 | 1:36:03 | 4:48 | 60 | 24:55 | 89 | 26:16 | 107.40 | 9:11:17 | 5:07 | 78 | 2:25:29 | 98 | 2:25:29 |
| Neue Ausspanne | 13.40 | 1:11:17 | 5:19 | 82 | 22:27 | 102 | 22:27 | 120.80 | 10:22:34 | 5:09 | 76 | 2:45:44 | 94 | 2:45:44 |
| Kleiner Inselsber | 13.90 | 1:12:32 | 5:13 | 74 | 19:41 | 90 | 19:41 | 134.70 | 11:35:06 | 5:09 | 76 | 3:04:51 | 94 | 3:04:51 |
| Hohe Sonne | 18.80 | 1:32:04 | 4:53 | 63 | 23:45 | 87 | 23:45 | 153.50 | 13:07:10 | 5:07 | 72 | 3:27:43 | 90 | 3:27:43 |
| Hörschel | 15.00 | 1:12:40 | 4:50 | 65 | 23:34 | 82 | 23:34 | 168.50 | 14:19:50 | 5:06 | 71 | 3:51:15 | 88 | 3:51:15 |