



# 17. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 20.06.2015

□□□□

Katholische Laufjugend Arnstadt

□□□: 14:21:54

□□: 50

□□: 11.70 km/h

□□□□: 5:07 min/km

□□: 168.50 km

Blankenstein-Hörschel

□□□□□: 89 (of 230)

□□□□□□: 10:28:35

□□□□:

□□□□□: 72(of 144)

Männerstaffel

□□□□□□□: 10:28:35

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.00	1:19:11	4:39	24	12:26	30	12:26	17.00	1:19:11	4:39	24	12:26	30	12:26
Schildwiese	19.20	1:25:55	4:28	53	19:45	67	19:45	36.20	2:45:06	4:33	31	29:57	38	29:57
Neuhaus	16.00	1:33:42	5:51	115	34:20	163	34:20	52.20	4:18:48	4:57	53	1:03:20	67	1:03:20
Masserberg	17.30	1:30:17	5:13	89	25:49	115	27:11	69.50	5:49:05	5:01	59	1:27:14	74	1:27:14
Allzunah	17.90	1:38:33	5:30	102	32:42	133	32:42	87.40	7:27:38	5:07	72	1:56:00	90	1:56:00
Grenzdler	20.00	1:32:16	4:36	49	21:08	71	22:29	107.40	8:59:54	5:01	65	2:14:06	83	2:14:06
Neue Ausspanne	13.40	1:22:06	6:07	133	33:16	193	33:16	120.80	10:22:00	5:08	75	2:45:10	93	2:45:10
Kleiner Inselsber	13.90	1:27:10	6:16	133	34:19	199	34:19	134.70	11:49:10	5:15	87	3:18:55	109	3:18:55
Hohe Sonne	18.80	1:28:24	4:42	50	20:05	67	20:05	153.50	13:17:34	5:11	83	3:38:07	101	3:38:07
Hörschel	15.00	1:04:20	4:17	25	15:14	28	15:14	168.50	14:21:54	5:06	73	3:53:19	90	3:53:19