



17. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 20.06.2015

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TSV Shooting Stars

□□□: 11:48:07

□□: 36

□□: 14.23 km/h
□□□□: 4:12 min/km

□□: 168.50 km

Blankenstein-Hörschel

□□□□□: 9 (of 230)

□□□□□□: 10:28:35

□□□□:

□□□□□: 8(of 144)

Männerstaffel

□□□□□□□: 10:28:35

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.00	1:15:54	4:27	10	9:09	12	9:09	17.00	1:15:54	4:27	10	9:09	12	9:09
Schildwiese	19.20	1:23:08	4:19	35	16:58	46	16:58	36.20	2:39:02	4:23	16	23:53	21	23:53
Neuhaus	16.00	1:11:27	4:27	15	12:05	16	12:05	52.20	3:50:29	4:24	12	35:01	14	35:01
Masserberg	17.30	1:15:39	4:22	16	11:11	19	12:33	69.50	5:06:08	4:24	14	44:17	17	44:17
Allzunah	17.90	1:08:52	3:50	3	3:01	3	3:01	87.40	6:15:00	4:17	8	43:22	9	43:22
Grenzdler	20.00	1:23:07	4:09	16	11:59	26	13:20	107.40	7:38:07	4:15	7	52:19	9	52:19
Neue Ausspanne	13.40	58:44	4:22	14	9:54	17	9:54	120.80	8:36:51	4:16	11	1:00:01	13	1:00:01
Kleiner Inselsber	13.90	57:46	4:09	7	4:55	7	4:55	134.70	9:34:37	4:15	9	1:04:22	10	1:04:22
Hohe Sonne	18.80	1:12:21	3:50	4	4:02	5	4:02	153.50	10:46:58	4:12	8	1:07:31	9	1:07:31
Hörschel	15.00	1:01:09	4:04	14	12:03	15	12:03	168.50	11:48:07	4:12	8	1:19:32	9	1:19:32