



17. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 20.06.2015

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WSV Schmiedefeld

□□□: 14:30:17

□□: 34

□□: 11.58 km/h
□□□□: 5:10 min/km

□□: 168.50 km

Blankenstein-Hörschel

□□□□□: 96 (of 230)

□□□□□□: 10:28:35

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□□□□□: 78(of 144)

Männerstaffel

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	km	□□	min/km	-	-	□□□	□□□	km	□□	min/km	-	-	□□□	□□□
Grumbach	17.00	1:41:24	5:57	125	34:39	185	34:39	17.00	1:41:24	5:57	125	34:39	185	34:39
Schildwiese	19.20	1:22:37	4:18	32	16:27	43	16:27	36.20	3:04:01	5:04	80	48:52	106	48:52
Neuhaus	16.00	1:29:19	5:34	98	29:57	127	29:57	52.20	4:33:20	5:14	85	1:17:52	110	1:17:52
Masserberg	17.30	1:52:08	6:28	142	47:40	221	49:02	69.50	6:25:28	5:32	117	2:03:37	159	2:03:37
Allzunah	17.90	1:25:13	4:45	39	19:22	48	19:22	87.40	7:50:41	5:23	105	2:19:03	131	2:19:03
Grenzdler	20.00	1:38:53	4:56	76	27:45	115	29:06	107.40	9:29:34	5:18	94	2:43:46	123	2:43:46
Neue Ausspanne	13.40	1:04:08	4:47	40	15:18	49	15:18	120.80	10:33:42	5:14	91	2:56:52	116	2:56:52
Kleiner Inselsber	13.90	1:07:38	4:51	47	14:47	55	14:47	134.70	11:41:20	5:12	82	3:11:05	101	3:11:05
Hohe Sonne	18.80	1:20:53	4:18	19	12:34	25	12:34	153.50	13:02:13	5:05	66	3:22:46	84	3:22:46
Hörschel	15.00	1:28:04	5:52	128	38:58	191	38:58	168.50	14:30:17	5:09	79	4:01:42	97	4:01:42