



17. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 20.06.2015

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Rennsteinläufer

□□□: 15:45:48

□□: 192

□□: 10.66 km/h

□□□□: 5:37 min/km

□□: 168.50 km

Blankenstein-Hörschel

□□□□□: 168 (of 230)

□□□□□□: 10:28:35

□□□□:

□□□□□: 36(of 73)

Mixstaffel

□□□□□□□: 11:36:46

□□□□

□□□□

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| □□□ | □□ | □□ | □□ | □□ | □□ | □□ | □□ | □□□ | □□□ | □□□ | □□ | □□ | □□ | □□ |
|-------------------|-------|---------|--------|----|-------|-----|-------|--------|----------|--------|----|---------|-----|---------|
| | km | □□ | min/km | - | - | □□□ | □□□ | km | □□ | min/km | - | - | □□□ | □□□ |
| Grumbach | 17.00 | 1:51:48 | 6:34 | 68 | 38:04 | 224 | 45:03 | 17.00 | 1:51:48 | 6:34 | 68 | 38:04 | 231 | 45:03 |
| Schildwiese | 19.20 | 1:50:27 | 5:45 | 58 | 43:24 | 199 | 44:17 | 36.20 | 3:42:15 | 6:08 | 66 | 1:21:25 | 231 | 1:27:06 |
| Neuhaus | 16.00 | 1:54:56 | 7:11 | 68 | 39:24 | 225 | 55:34 | 52.20 | 5:37:11 | 6:27 | 69 | 2:00:49 | 231 | 2:21:43 |
| Masserberg | 17.30 | 1:30:33 | 5:14 | 24 | 27:27 | 120 | 27:27 | 69.50 | 7:07:44 | 6:09 | 66 | 2:24:40 | 231 | 2:45:53 |
| Allzunah | 17.90 | 1:35:47 | 5:21 | 24 | 20:39 | 116 | 29:56 | 87.40 | 8:43:31 | 5:59 | 59 | 2:43:39 | 231 | 3:11:53 |
| Grenzdler | 20.00 | 1:30:40 | 4:31 | 14 | 20:53 | 53 | 20:53 | 107.40 | 10:14:11 | 5:43 | 50 | 3:00:48 | 231 | 3:28:23 |
| Neue Ausspanne | 13.40 | 1:11:29 | 5:20 | 16 | 14:57 | 104 | 22:39 | 120.80 | 11:25:40 | 5:40 | 43 | 3:14:58 | 231 | 3:48:50 |
| Kleiner Inselsber | 13.90 | 1:27:42 | 6:18 | 58 | 29:27 | 202 | 34:51 | 134.70 | 12:53:22 | 5:44 | 46 | 3:37:16 | 231 | 4:23:07 |
| Hohe Sonne | 18.80 | 1:30:39 | 4:49 | 20 | 20:32 | 78 | 22:20 | 153.50 | 14:24:01 | 5:37 | 41 | 3:51:49 | 231 | 4:44:34 |
| Hörschel | 15.00 | 1:21:47 | 5:27 | 35 | 28:23 | 147 | 32:41 | 168.50 | 15:45:48 | 5:36 | 36 | 4:09:02 | 169 | 5:17:13 |