



17. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 20.06.2015

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13.Thüringer Zahnarztstaffel

□□□: 14:50:05

□□: 217

□□: 11.32 km/h
□□□□: 5:17 min/km

□□: 168.50 km

Blankenstein-Hörschel

□□□□□: 116 (of 230)

□□□□□□: 10:28:35

□□□□:

□□□□□: 92(of 144)

Männerstaffel

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	km	□□	min/km	-	-	□□□	□□□	km	□□	min/km	-	-	□□□	□□□
Grumbach	17.00	1:46:50	6:17	135	40:05	209	40:05	17.00	1:46:50	6:17	135	40:05	209	40:05
Schildwiese	19.20	1:23:26	4:20	36	17:16	47	17:16	36.20	3:10:16	5:15	94	55:07	131	55:07
Neuhaus	16.00	1:32:24	5:46	112	33:02	156	33:02	52.20	4:42:40	5:24	103	1:27:12	137	1:27:12
Masserberg	17.30	1:28:05	5:05	76	23:37	96	24:59	69.50	6:10:45	5:20	95	1:48:54	122	1:48:54
Allzunah	17.90	1:35:58	5:21	89	30:07	117	30:07	87.40	7:46:43	5:20	96	2:15:05	121	2:15:05
Grenzdler	20.00	1:44:15	5:12	102	33:07	152	34:28	107.40	9:30:58	5:18	98	2:45:10	127	2:45:10
Neue Ausspanne	13.40	1:10:42	5:16	81	21:52	99	21:52	120.80	10:41:40	5:18	99	3:04:50	126	3:04:50
Kleiner Inselsber	13.90	1:17:32	5:34	99	24:41	128	24:41	134.70	11:59:12	5:20	98	3:28:57	124	3:28:57
Hohe Sonne	18.80	1:32:38	4:55	66	24:19	91	24:19	153.50	13:31:50	5:17	94	3:52:23	120	3:52:23
Hörschel	15.00	1:18:15	5:13	89	29:09	119	29:09	168.50	14:50:05	5:16	93	4:21:30	117	4:21:30