



17. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 20.06.2015

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LTV Erfurt Männer I

□□□: 11:52:48

□□: 81

□□: 14.14 km/h
□□□□: 4:14 min/km

□□: 168.50 km

Blankenstein-Hörschel

□□□□□: 11 (of 230)

□□□□□□: 10:28:35

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□□□□□: 10(of 144)

Männerstaffel

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| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □□□ | □□ □□□ |
|-------------------|----------|----------|--------------|---------|---------|-----------|-----------|--------|----------|------|---------|---------|-----------|-----------|
| Grumbach | 17.00 | 1:17:01 | 4:31 | 17 | 10:16 | 21 | 10:16 | 17.00 | 1:17:01 | 4:31 | 17 | 10:16 | 21 | 10:16 |
| Schildwiese | 19.20 | 1:12:34 | 3:46 | 6 | 6:24 | 9 | 6:24 | 36.20 | 2:29:35 | 4:07 | 8 | 14:26 | 10 | 14:26 |
| Neuhaus | 16.00 | 1:22:30 | 5:09 | 63 | 23:08 | 77 | 23:08 | 52.20 | 3:52:05 | 4:26 | 13 | 36:37 | 16 | 36:37 |
| Masserberg | 17.30 | 1:12:53 | 4:12 | 11 | 8:25 | 14 | 9:47 | 69.50 | 5:04:58 | 4:23 | 13 | 43:07 | 16 | 43:07 |
| Allzunah | 17.90 | 1:18:06 | 4:21 | 16 | 12:15 | 20 | 12:15 | 87.40 | 6:23:04 | 4:22 | 12 | 51:26 | 15 | 51:26 |
| Grenzdler | 20.00 | 1:18:04 | 3:54 | 6 | 6:56 | 9 | 8:17 | 107.40 | 7:41:08 | 4:17 | 10 | 55:20 | 12 | 55:20 |
| Neue Ausspanne | 13.40 | 54:21 | 4:03 | 7 | 5:31 | 7 | 5:31 | 120.80 | 8:35:29 | 4:16 | 10 | 58:39 | 11 | 58:39 |
| Kleiner Inselsber | 13.90 | 57:13 | 4:06 | 6 | 4:22 | 6 | 4:22 | 134.70 | 9:32:42 | 4:15 | 8 | 1:02:27 | 9 | 1:02:27 |
| Hohe Sonne | 18.80 | 1:21:44 | 4:20 | 23 | 13:25 | 29 | 13:25 | 153.50 | 10:54:26 | 4:15 | 10 | 1:14:59 | 11 | 1:14:59 |
| Hörschel | 15.00 | 58:22 | 3:53 | 9 | 9:16 | 10 | 9:16 | 168.50 | 11:52:48 | 4:13 | 10 | 1:24:13 | 11 | 1:24:13 |