



# 17. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 20.06.2015

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Narrenstaffel II

□□□: 16:32:00

□□: 174

□□: 10.16 km/h

□□□□: 5:53 min/km

□□: 168.50 km

Blankenstein-Hörschel

□□□□□: 205 (of 230)

□□□□□□: 10:28:35

□□□□:

□□□□□: 58(of 73)

Mixstaffel

□□□□□□□: 11:36:46

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	□□
Grumbach	17.00	1:53:25	6:40	70	39:41	226	46:40	17.00	1:53:25	6:40	70	39:41	231	46:40
Schildwiese	19.20	1:49:59	5:43	56	42:56	197	43:49	36.20	3:43:24	6:10	67	1:22:34	231	1:28:15
Neuhaus	16.00	1:32:57	5:48	41	17:25	159	33:35	52.20	5:16:21	6:03	65	1:39:59	231	2:00:53
Masserberg	17.30	1:55:46	6:41	67	52:40	222	52:40	69.50	7:12:07	6:13	67	2:29:03	231	2:50:16
Allzunah	17.90	1:52:18	6:16	57	37:10	206	46:27	87.40	9:04:25	6:13	67	3:04:33	231	3:32:47
Grenzadler	20.00	1:45:25	5:16	51	35:38	160	35:38	107.40	10:49:50	6:03	64	3:36:27	231	4:04:02
Neue Ausspanne	13.40	1:14:04	5:31	21	17:32	119	25:14	120.80	12:03:54	5:59	61	3:53:12	231	4:27:04
Kleiner Inselsber	13.90	1:24:05	6:02	49	25:50	184	31:14	134.70	13:27:59	5:59	60	4:11:53	231	4:57:44
Hohe Sonne	18.80	1:28:04	4:41	14	17:57	62	19:45	153.50	14:56:03	5:50	57	4:23:51	231	5:16:36
Hörschel	15.00	1:35:57	6:23	66	42:33	218	46:51	168.50	16:32:00	5:53	58	4:55:14	206	6:03:25