



17. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 20.06.2015

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X-Runners I

□□□: 10:36:14

□□: 130

□□: 15.84 km/h

□□□□: 3:47 min/km

□□: 168.50 km

Blankenstein-Hörschel

□□□□□: 2 (of 230)

□□□□□□: 10:28:35

□□□□:

□□□□□: 2(of 144)

Männerstaffel

□□□□□□□: 10:28:35

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| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □□□ | □□ □□□ |
|-------------------|----------|----------|--------------|---------|---------|-----------|-----------|--------|----------|------|---------|---------|-----------|-----------|
| Grumbach | 17.00 | 1:06:45 | 3:55 | 1 | - | 1 | - | 17.00 | 1:06:45 | 3:55 | 1 | - | 1 | - |
| Schildwiese | 19.20 | 1:08:24 | 3:33 | 3 | 2:14 | 4 | 2:14 | 36.20 | 2:15:09 | 3:44 | 1 | - | 1 | - |
| Neuhaus | 16.00 | 1:00:19 | 3:46 | 2 | 0:57 | 2 | 0:57 | 52.20 | 3:15:28 | 3:44 | 1 | - | 1 | - |
| Masserberg | 17.30 | 1:06:23 | 3:50 | 4 | 1:55 | 5 | 3:17 | 69.50 | 4:21:51 | 3:46 | 1 | - | 1 | - |
| Allzunah | 17.90 | 1:15:01 | 4:11 | 9 | 9:10 | 9 | 9:10 | 87.40 | 5:36:52 | 3:51 | 2 | 5:14 | 2 | 5:14 |
| Grenzdler | 20.00 | 1:11:08 | 3:33 | 1 | - | 2 | 1:21 | 107.40 | 6:48:00 | 3:47 | 2 | 2:12 | 2 | 2:12 |
| Neue Ausspanne | 13.40 | 48:50 | 3:38 | 1 | - | 1 | - | 120.80 | 7:36:50 | 3:46 | 1 | - | 1 | - |
| Kleiner Inselsber | 13.90 | 53:25 | 3:50 | 2 | 0:34 | 2 | 0:34 | 134.70 | 8:30:15 | 3:47 | 1 | - | 1 | - |
| Hohe Sonne | 18.80 | 1:09:12 | 3:40 | 2 | 0:53 | 2 | 0:53 | 153.50 | 9:39:27 | 3:46 | 1 | - | 1 | - |
| Hörschel | 15.00 | 56:47 | 3:47 | 6 | 7:41 | 7 | 7:41 | 168.50 | 10:36:14 | 3:46 | 2 | 7:39 | 2 | 7:39 |