



17. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 20.06.2015

□□□□

Bundesswehr Laufteam 131

□□□: 12:24:09

□□: 22

□□: 13.55 km/h
□□□□: 4:25 min/km

□□: 168.50 km

Blankenstein-Hörschel

□□□□□: 18 (of 230)

□□□□□□: 10:28:35

□□□□:

□□□□□: 15(of 144)

Männerstaffel

□□□□□□□: 10:28:35

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.00	1:21:07	4:46	31	14:22	38	14:22	17.00	1:21:07	4:46	31	14:22	38	14:22
Schildwiese	19.20	1:12:47	3:47	7	6:37	10	6:37	36.20	2:33:54	4:15	11	18:45	13	18:45
Neuhaus	16.00	1:23:17	5:12	65	23:55	80	23:55	52.20	3:57:11	4:32	21	41:43	25	41:43
Masserberg	17.30	1:23:45	4:50	56	19:17	66	20:39	69.50	5:20:56	4:37	24	59:05	28	59:05
Allzunah	17.90	1:14:38	4:10	8	8:47	8	8:47	87.40	6:35:34	4:31	18	1:03:56	22	1:03:56
Grenzdler	20.00	1:16:02	3:48	4	4:54	6	6:15	107.40	7:51:36	4:23	15	1:05:48	18	1:05:48
Neue Ausspanne	13.40	1:05:21	4:52	48	16:31	58	16:31	120.80	8:56:57	4:26	15	1:20:07	17	1:20:07
Kleiner Inselsber	13.90	1:03:30	4:34	22	10:39	26	10:39	134.70	10:00:27	4:27	15	1:30:12	18	1:30:12
Hohe Sonne	18.80	1:16:20	4:03	9	8:01	11	8:01	153.50	11:16:47	4:24	15	1:37:20	18	1:37:20
Hörschel	15.00	1:07:22	4:29	40	18:16	45	18:16	168.50	12:24:09	4:24	15	1:55:34	18	1:55:34