



17. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 20.06.2015

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Rennsteiglaufverein II

□□□: 17:21:32

□□: 29

□□: 9.68 km/h

□□□□: 6:11 min/km

□□: 168.50 km

Blankenstein-Hörschel

□□□□□: 226 (of 230)

□□□□□□: 10:28:35

□□□□:

□□□□□: 71(of 73)

Mixstaffel

□□□□□□□: 11:36:46

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	
Grumbach	17.00	2:08:34	7:33	72	54:50	229	1:01:49	17.00	2:08:34	7:33	72	54:50	231	1:01:49
Schildwiese	19.20	2:38:22	8:14	71	1:31:19	228	1:32:12	36.20	4:46:56	7:55	73	2:26:06	231	2:31:47
Neuhaus	16.00	1:40:25	6:16	56	24:53	197	41:03	52.20	6:27:21	7:25	72	2:50:59	231	3:11:53
Masserberg	17.30	1:36:09	5:33	42	33:03	161	33:03	69.50	8:03:30	6:57	72	3:20:26	231	3:41:39
Allzunah	17.90	1:41:03	5:38	37	25:55	156	35:12	87.40	9:44:33	6:41	71	3:44:41	231	4:12:55
Grenzdler	20.00	1:33:16	4:39	25	23:29	79	23:29	107.40	11:17:49	6:18	70	4:04:26	231	4:32:01
Neue Ausspanne	13.40	1:13:28	5:28	20	16:56	114	24:38	120.80	12:31:17	6:13	70	4:20:35	231	4:54:27
Kleiner Inselsber	13.90	1:18:44	5:39	33	20:29	143	25:53	134.70	13:50:01	6:09	69	4:33:55	231	5:19:46
Hohe Sonne	18.80	2:04:49	6:38	73	54:42	230	56:30	153.50	15:54:50	6:13	71	5:22:38	231	6:15:23
Hörschel	15.00	1:26:42	5:46	51	33:18	186	37:36	168.50	17:21:32	6:10	71	5:44:46	227	6:52:57