



17. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 20.06.2015

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Klinikum Dessau

□□□: 17:23:33

□□: 117

□□: 9.66 km/h

□□□□: 6:11 min/km

□□: 168.50 km

Blankenstein-Hörschel

□□□□□: 227 (of 230)

□□□□□□: 10:28:35

□□□□:

□□□□□: 72(of 73)

Mixstaffel

□□□□□□□: 11:36:46

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ | □□□ | □□□ | □□□ | □□ | □□ | □□ | □□ | □□ |
|-------------------|----------|-----------------|---------|---------|-----------|-----------|---------|--------|----------|------|----|---------|-----|---------|
| Grumbach | 17.00 | 2:13:49 | 7:52 | 73 | 1:00:05 | 230 | 1:07:04 | 17.00 | 2:13:49 | 7:52 | 73 | 1:00:05 | 231 | 1:07:04 |
| Schildwiese | 19.20 | 1:55:56 | 6:02 | 64 | 48:53 | 214 | 49:46 | 36.20 | 4:09:45 | 6:53 | 70 | 1:48:55 | 231 | 1:54:36 |
| Neuhaus | 16.00 | 1:42:02 | 6:22 | 60 | 26:30 | 203 | 42:40 | 52.20 | 5:51:47 | 6:44 | 70 | 2:15:25 | 231 | 2:36:19 |
| Masserberg | 17.30 | 1:40:53 | 5:49 | 51 | 37:47 | 179 | 37:47 | 69.50 | 7:32:40 | 6:30 | 70 | 2:49:36 | 231 | 3:10:49 |
| Allzunah | 17.90 | 1:53:05 | 6:19 | 59 | 37:57 | 208 | 47:14 | 87.40 | 9:25:45 | 6:28 | 70 | 3:25:53 | 231 | 3:54:07 |
| Grenzdler | 20.00 | 1:53:51 | 5:41 | 65 | 44:04 | 208 | 44:04 | 107.40 | 11:19:36 | 6:19 | 71 | 4:06:13 | 231 | 4:33:48 |
| Neue Ausspanne | 13.40 | 1:14:33 | 5:33 | 23 | 18:01 | 126 | 25:43 | 120.80 | 12:34:09 | 6:14 | 71 | 4:23:27 | 231 | 4:57:19 |
| Kleiner Inselsber | 13.90 | 1:34:26 | 6:47 | 67 | 36:11 | 222 | 41:35 | 134.70 | 14:08:35 | 6:17 | 72 | 4:52:29 | 231 | 5:38:20 |
| Hohe Sonne | 18.80 | 1:59:09 | 6:20 | 69 | 49:02 | 223 | 50:50 | 153.50 | 16:07:44 | 6:18 | 72 | 5:35:32 | 231 | 6:28:17 |
| Hörschel | 15.00 | 1:15:49 | 5:03 | 24 | 22:25 | 106 | 26:43 | 168.50 | 17:23:33 | 6:11 | 72 | 5:46:47 | 228 | 6:54:58 |