



17. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 20.06.2015

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Klinikum Dessau

□□□: 17:23:33

□□: 117

□□: 9.66 km/h
□□□□: 6:11 min/km

□□: 168.50 km

Blankenstein-Hörschel

□□□□□: 227 (of 230)

□□□□□□: 10:28:35

□□□□:

□□□□□: 72(of 73)

Mixstaffel

□□□□□□□: 11:36:46

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□	
Grumbach	17.00	2:13:49	7:52	73	1:00:05	230	1:07:04	17.00	2:13:49	7:52	73	1:00:05	231	1:07:04
Schildwiese	19.20	1:55:56	6:02	64	48:53	214	49:46	36.20	4:09:45	6:53	70	1:48:55	231	1:54:36
Neuhaus	16.00	1:42:02	6:22	60	26:30	203	42:40	52.20	5:51:47	6:44	70	2:15:25	231	2:36:19
Masserberg	17.30	1:40:53	5:49	51	37:47	179	37:47	69.50	7:32:40	6:30	70	2:49:36	231	3:10:49
Allzunah	17.90	1:53:05	6:19	59	37:57	208	47:14	87.40	9:25:45	6:28	70	3:25:53	231	3:54:07
Grenzdler	20.00	1:53:51	5:41	65	44:04	208	44:04	107.40	11:19:36	6:19	71	4:06:13	231	4:33:48
Neue Ausspanne	13.40	1:14:33	5:33	23	18:01	126	25:43	120.80	12:34:09	6:14	71	4:23:27	231	4:57:19
Kleiner Inselsber	13.90	1:34:26	6:47	67	36:11	222	41:35	134.70	14:08:35	6:17	72	4:52:29	231	5:38:20
Hohe Sonne	18.80	1:59:09	6:20	69	49:02	223	50:50	153.50	16:07:44	6:18	72	5:35:32	231	6:28:17
Hörschel	15.00	1:15:49	5:03	24	22:25	106	26:43	168.50	17:23:33	6:11	72	5:46:47	228	6:54:58