



# 17. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 20.06.2015

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Scheenhaadr Skispitzen

□□□: 16:36:29

□□: 48

□□: 10.12 km/h

□□□□: 5:55 min/km

□□: 168.50 km

Blankenstein-Hörschel

□□□□□: 209 (of 230)

□□□□□□: 10:28:35

□□□□:

□□□□□: 141(of 144)

Männerstaffel

□□□□□□□: 10:28:35

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	□□
Grumbach	17.00	1:46:57	6:17	136	40:12	210	40:12	17.00	1:46:57	6:17	136	40:12	210	40:12
Schildwiese	19.20	1:30:01	4:41	73	23:51	97	23:51	36.20	3:16:58	5:26	113	1:01:49	160	1:01:49
Neuhaus	16.00	1:48:01	6:45	142	48:39	214	48:39	52.20	5:04:59	5:50	138	1:49:31	204	1:49:31
Masserberg	17.30	1:41:11	5:50	126	36:43	182	38:05	69.50	6:46:10	5:50	139	2:24:19	202	2:24:19
Allzunah	17.90	1:51:56	6:15	137	46:05	204	46:05	87.40	8:38:06	5:55	139	3:06:28	202	3:06:28
Grenzdler	20.00	1:51:04	5:33	126	39:56	194	41:17	107.40	10:29:10	5:51	139	3:43:22	204	3:43:22
Neue Ausspanne	13.40	1:22:25	6:09	135	33:35	196	33:35	120.80	11:51:35	5:53	139	4:14:45	203	4:14:45
Kleiner Inselsber	13.90	1:33:07	6:41	143	40:16	220	40:16	134.70	13:24:42	5:58	142	4:54:27	209	4:54:27
Hohe Sonne	18.80	1:53:39	6:02	140	45:20	214	45:20	153.50	15:18:21	5:58	144	5:38:54	214	5:38:54
Hörschel	15.00	1:18:08	5:12	88	29:02	118	29:02	168.50	16:36:29	5:54	142	6:07:54	210	6:07:54