



17. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 20.06.2015

□□□□

HAGLÖFS LAUFTEAM ERFURT

□□□: 11:36:46

□□: 41

□□: 14.47 km/h
□□□□: 4:08 min/km

□□: 168.50 km

Blankenstein-Hörschel

□□□□□: 7 (of 230)

□□□□□□: 10:28:35

□□□□:

□□□□□: 1(of 73)

Mixstaffel

□□□□□□□: 11:36:46

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □□□ | □□ □□□ |
|-------------------|----------|----------|--------------|---------|---------|-----------|-----------|--------|----------|------|---------|---------|-----------|-----------|
| Grumbach | 17.00 | 1:13:47 | 4:20 | 2 | 0:03 | 7 | 7:02 | 17.00 | 1:13:47 | 4:20 | 2 | 0:03 | 8 | 7:02 |
| Schildwiese | 19.20 | 1:07:03 | 3:29 | 1 | - | 2 | 0:53 | 36.20 | 2:20:50 | 3:53 | 1 | - | 231 | 5:41 |
| Neuhaus | 16.00 | 1:15:32 | 4:43 | 1 | - | 31 | 16:10 | 52.20 | 3:36:22 | 4:08 | 1 | - | 231 | 20:54 |
| Masserberg | 17.30 | 1:06:42 | 3:51 | 2 | 3:36 | 6 | 3:36 | 69.50 | 4:43:04 | 4:04 | 1 | - | 231 | 21:13 |
| Allzunah | 17.90 | 1:16:48 | 4:17 | 2 | 1:40 | 13 | 10:57 | 87.40 | 5:59:52 | 4:07 | 1 | - | 231 | 28:14 |
| Grenzdler | 20.00 | 1:13:31 | 3:40 | 2 | 3:44 | 3 | 3:44 | 107.40 | 7:13:23 | 4:02 | 1 | - | 231 | 27:35 |
| Neue Ausspanne | 13.40 | 57:19 | 4:16 | 2 | 0:47 | 15 | 8:29 | 120.80 | 8:10:42 | 4:03 | 1 | - | 231 | 33:52 |
| Kleiner Inselsber | 13.90 | 1:05:24 | 4:42 | 6 | 7:09 | 40 | 12:33 | 134.70 | 9:16:06 | 4:07 | 1 | - | 231 | 45:51 |
| Hohe Sonne | 18.80 | 1:16:06 | 4:02 | 2 | 5:59 | 9 | 7:47 | 153.50 | 10:32:12 | 4:07 | 1 | - | 231 | 52:45 |
| Hörschel | 15.00 | 1:04:34 | 4:18 | 3 | 11:10 | 31 | 15:28 | 168.50 | 11:36:46 | 4:08 | 1 | - | 7 | 1:08:11 |