



17. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 20.06.2015

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Brose Runners

□□□: 12:57:22

□□: 19

□□: 12.97 km/h

□□□□: 4:37 min/km

□□: 168.50 km

Blankenstein-Hörschel

□□□□□: 27 (of 230)

□□□□□□: 10:28:35

□□□□:

□□□□□: 22(of 144)

Männerstaffel

□□□□□□□: 10:28:35

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.00	1:16:16	4:29	12	9:31	15	9:31	17.00	1:16:16	4:29	12	9:31	15	9:31
Schildwiese	19.20	1:25:54	4:28	52	19:44	66	19:44	36.20	2:42:10	4:28	22	27:01	28	27:01
Neuhaus	16.00	1:16:12	4:45	31	16:50	33	16:50	52.20	3:58:22	4:33	24	42:54	28	42:54
Masserberg	17.30	1:13:56	4:16	14	9:28	17	10:50	69.50	5:12:18	4:29	17	50:27	21	50:27
Allzunah	17.90	1:22:40	4:37	29	16:49	36	16:49	87.40	6:34:58	4:31	17	1:03:20	21	1:03:20
Grenzdler	20.00	1:26:30	4:19	26	15:22	39	16:43	107.40	8:01:28	4:28	18	1:15:40	22	1:15:40
Neue Ausspanne	13.40	1:05:56	4:55	51	17:06	62	17:06	120.80	9:07:24	4:31	20	1:30:34	25	1:30:34
Kleiner Inselsber	13.90	1:10:06	5:02	57	17:15	68	17:15	134.70	10:17:30	4:35	22	1:47:15	27	1:47:15
Hohe Sonne	18.80	1:27:21	4:38	47	19:02	58	19:02	153.50	11:44:51	4:35	23	2:05:24	27	2:05:24
Hörschel	15.00	1:12:31	4:50	64	23:25	81	23:25	168.50	12:57:22	4:36	23	2:28:47	28	2:28:47