



17. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 20.06.2015

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Team Südeichsfeld

□□□: 13:13:24

□□: 84

□□: 12.70 km/h

□□□□: 4:43 min/km

□□: 168.50 km

Blankenstein-Hörschel

□□□□□: 33 (of 230)

□□□□□□: 10:28:35

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□□□□□: 28(of 144)

Männerstaffel

□□□□□□□: 10:28:35

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.00	1:16:12	4:28	11	9:27	14	9:27	17.00	1:16:12	4:28	11	9:27	14	9:27
Schildwiese	19.20	1:26:08	4:29	54	19:58	69	19:58	36.20	2:42:20	4:29	24	27:11	30	27:11
Neuhaus	16.00	1:10:52	4:25	12	11:30	13	11:30	52.20	3:53:12	4:28	15	37:44	18	37:44
Masserberg	17.30	1:29:13	5:09	82	24:45	103	26:07	69.50	5:22:25	4:38	27	1:00:34	32	1:00:34
Allzunah	17.90	1:33:10	5:12	79	27:19	100	27:19	87.40	6:55:35	4:45	31	1:23:57	37	1:23:57
Grenzdler	20.00	1:39:34	4:58	80	28:26	120	29:47	107.40	8:35:09	4:47	35	1:49:21	42	1:49:21
Neue Ausspanne	13.40	1:07:07	5:00	61	18:17	73	18:17	120.80	9:42:16	4:49	33	2:05:26	41	2:05:26
Kleiner Inselsber	13.90	1:04:26	4:38	27	11:35	32	11:35	134.70	10:46:42	4:48	33	2:16:27	39	2:16:27
Hohe Sonne	18.80	1:21:44	4:20	23	13:25	29	13:25	153.50	12:08:26	4:44	31	2:28:59	36	2:28:59
Hörschel	15.00	1:04:58	4:19	29	15:52	33	15:52	168.50	13:13:24	4:42	29	2:44:49	34	2:44:49