



# 17. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 20.06.2015

□□□□

Flachlandspezialisten

□□□: 13:29:27

□□: 53

□□: - km/h  
□□□□: 4:48 min/km

Enduro E Bike

□□□□□: 39 (of 230)

□□□□□□: 10:28:35

□□□□:

□□□□□: 34(of 144)

Männerstaffel

□□□□□□□: 10:28:35

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.00	1:27:22	5:08	61	20:37	82	20:37	17.00	1:27:22	5:08	61	20:37	82	20:37
Schildwiese	19.20	1:18:37	4:05	22	12:27	28	12:27	36.20	2:45:59	4:35	33	30:50	42	30:50
Neuhaus	16.00	1:29:34	5:35	99	30:12	130	30:12	52.20	4:15:33	4:53	49	1:00:05	58	1:00:05
Masserberg	17.30	1:26:30	5:00	69	22:02	86	23:24	69.50	5:42:03	4:55	52	1:20:12	62	1:20:12
Allzunah	17.90	1:27:41	4:53	54	21:50	64	21:50	87.40	7:09:44	4:55	47	1:38:06	55	1:38:06
Grenzdler	20.00	1:23:47	4:11	18	12:39	28	14:00	107.40	8:33:31	4:46	33	1:47:43	40	1:47:43
Neue Ausspanne	13.40	59:16	4:25	18	10:26	22	10:26	120.80	9:32:47	4:44	30	1:55:57	35	1:55:57
Kleiner Inselsber	13.90	1:01:39	4:26	16	8:48	18	8:48	134.70	10:34:26	4:42	27	2:04:11	32	2:04:11
Hohe Sonne	18.80	1:46:49	5:40	124	38:30	186	38:30	153.50	12:21:15	4:49	34	2:41:48	40	2:41:48
Hörschel	15.00	1:08:12	4:32	45	19:06	51	19:06	-	13:29:27	-	35	3:00:52	40	3:00:52