



17. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 20.06.2015

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Laufteam Scheler GmbH / SV Mihla □□□: 14:31:36

□□: 15

□□: 11.56 km/h
□□□□: 5:10 min/km

□□: 168.50 km

Blankenstein-Hörschel

□□□□□: 98 (of 230)

□□□□□□: 10:28:35

□□□□:

□□□□□: 16(of 73)

Mixstaffel

□□□□□□□: 11:36:46

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.00	1:25:30	5:01	15	11:46	67	18:45	17.00	1:25:30	5:01	15	11:46	231	18:45
Schildwiese	19.20	1:26:35	4:30	15	19:32	72	20:25	36.20	2:52:05	4:45	10	31:15	231	36:56
Neuhaus	16.00	1:33:07	5:49	43	17:35	161	33:45	52.20	4:25:12	5:04	16	48:50	231	1:09:44
Masserberg	17.30	1:30:16	5:13	23	27:10	114	27:10	69.50	5:55:28	5:06	17	1:12:24	231	1:33:37
Allzunah	17.90	1:35:40	5:20	23	20:32	114	29:49	87.40	7:31:08	5:09	16	1:31:16	231	1:59:30
Grenzadler	20.00	1:38:27	4:55	35	28:40	108	28:40	107.40	9:09:35	5:07	17	1:56:12	231	2:23:47
Neue Ausspanne	13.40	1:20:02	5:58	43	23:30	173	31:12	120.80	10:29:37	5:12	17	2:18:55	231	2:52:47
Kleiner Inselsber	13.90	1:12:38	5:13	15	14:23	92	19:47	134.70	11:42:15	5:12	17	2:26:09	231	3:12:00
Hohe Sonne	18.80	1:46:49	5:40	55	36:42	186	38:30	153.50	13:29:04	5:16	23	2:56:52	231	3:49:37
Hörschel	15.00	1:02:32	4:10	2	9:08	20	13:26	168.50	14:31:36	5:10	16	2:54:50	99	4:03:01