



17. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 20.06.2015

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Leipziger Laufteam

□□□: 14:39:41

□□: 87

□□: 11.49 km/h
□□□□: 5:13 min/km

□□: 168.50 km

Blankenstein-Hörschel

□□□□□: 107 (of 230)

□□□□□□: 10:28:35

□□□□:

□□□□□: 20(of 73)

Mixstaffel

□□□□□□□: 11:36:46

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	□□
Grumbach	17.00	1:44:25	6:08	59	30:41	199	37:40	17.00	1:44:25	6:08	59	30:41	231	37:40
Schildwiese	19.20	1:46:55	5:34	54	39:52	191	40:45	36.20	3:31:20	5:50	60	1:10:30	231	1:16:11
Neuhaus	16.00	1:31:55	5:44	38	16:23	154	32:33	52.20	5:03:15	5:48	54	1:26:53	231	1:47:47
Masserberg	17.30	1:28:02	5:05	18	24:56	94	24:56	69.50	6:31:17	5:37	42	1:48:13	231	2:09:26
Allzunah	17.90	1:25:11	4:45	8	10:03	47	19:20	87.40	7:56:28	5:27	30	1:56:36	216	2:24:50
Grenzdler	20.00	1:22:37	4:07	9	12:50	23	12:50	107.40	9:19:05	5:12	21	2:05:42	231	2:33:17
Neue Ausspanne	13.40	1:22:17	6:08	50	25:45	195	33:27	120.80	10:41:22	5:18	24	2:30:40	125	3:04:32
Kleiner Inselsber	13.90	1:20:14	5:46	37	21:59	150	27:23	134.70	12:01:36	5:21	25	2:45:30	231	3:31:21
Hohe Sonne	18.80	1:20:38	4:17	6	10:31	24	12:19	153.50	13:22:14	5:13	18	2:50:02	231	3:42:47
Hörschel	15.00	1:17:27	5:09	25	24:03	115	28:21	168.50	14:39:41	5:13	20	3:02:55	108	4:11:06