



17. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 20.06.2015

XXXX

XFAB/Melexis Running Chips

XXX: 13:51:36

XX: 128

XX: 12.12 km/h

XXXX: 4:56 min/km

XX: 168.50 km

Blankenstein-Hörschel

XXXXX: 57 (of 230)

XXXXXX: 10:28:35

XXXX:

XXXXX: 43(of 144)

Männerstaffel

XXXXXXX: 10:28:35

XXXX

XXXX

XXX

XXX	XX	XX	XX	XX	XX	XX	XX	XXXX	XXXX	XXXX	XX	XX	XX	XX
	km	XX min/km	-	-	XXX	XXX		km	XX min/km	-	-	XXX	XXX	
Grumbach	17.00	1:25:41	5:02	55	18:56	71	18:56	17.00	1:25:41	5:02	55	18:56	71	18:56
Schildwiese	19.20	1:36:50	5:02	100	30:40	139	30:40	36.20	3:02:31	5:02	72	47:22	96	47:22
Neuhaus	16.00	1:20:25	5:01	47	21:03	57	21:03	52.20	4:22:56	5:02	63	1:07:28	81	1:07:28
Masserberg	17.30	1:15:23	4:21	15	10:55	18	12:17	69.50	5:38:19	4:52	47	1:16:28	54	1:16:28
Allzunah	17.90	1:28:51	4:57	63	23:00	74	23:00	87.40	7:07:10	4:53	41	1:35:32	49	1:35:32
Grenzdler	20.00	1:44:26	5:13	103	33:18	154	34:39	107.40	8:51:36	4:56	53	2:05:48	66	2:05:48
Neue Ausspanne	13.40	1:06:19	4:56	56	17:29	67	17:29	120.80	9:57:55	4:56	49	2:21:05	60	2:21:05
Kleiner Inselsber	13.90	1:08:11	4:54	48	15:20	56	15:20	134.70	11:06:06	4:56	48	2:35:51	60	2:35:51
Hohe Sonne	18.80	1:34:18	5:00	76	25:59	105	25:59	153.50	12:40:24	4:57	47	3:00:57	62	3:00:57
Hörschel	15.00	1:11:12	4:44	60	22:06	71	22:06	168.50	13:51:36	4:56	44	3:23:01	58	3:23:01