



17. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 20.06.2015

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Laufteam Intersport Wohlleben

□□□: 13:56:58

□□: 206

□□: 12.04 km/h

□□□□: 4:58 min/km

□□: 168.50 km

Blankenstein-Hörschel

□□□□□: 64 (of 230)

□□□□□□: 10:28:35

□□□□:

□□□□□: 48(of 144)

Männerstaffel

□□□□□□□: 10:28:35

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|-------------------|-------|---------|--------|-----|-------|-----|-------|--------|----------|--------|-----|---------|-----|---------|
| | km | □□ | min/km | - | - | □□□ | □□□ | km | □□ | min/km | - | - | □□□ | □□□ |
| Grumbach | 17.00 | 1:30:26 | 5:19 | 76 | 23:41 | 109 | 23:41 | 17.00 | 1:30:26 | 5:19 | 76 | 23:41 | 109 | 23:41 |
| Schildwiese | 19.20 | 1:48:10 | 5:38 | 132 | 42:00 | 194 | 42:00 | 36.20 | 3:18:36 | 5:29 | 118 | 1:03:27 | 167 | 1:03:27 |
| Neuhaus | 16.00 | 1:14:42 | 4:40 | 26 | 15:20 | 27 | 15:20 | 52.20 | 4:33:18 | 5:14 | 84 | 1:17:50 | 109 | 1:17:50 |
| Masserberg | 17.30 | 1:24:23 | 4:52 | 61 | 19:55 | 75 | 21:17 | 69.50 | 5:57:41 | 5:08 | 77 | 1:35:50 | 98 | 1:35:50 |
| Allzunah | 17.90 | 1:20:56 | 4:31 | 25 | 15:05 | 31 | 15:05 | 87.40 | 7:18:37 | 5:01 | 58 | 1:46:59 | 68 | 1:46:59 |
| Grenzdler | 20.00 | 1:26:21 | 4:19 | 25 | 15:13 | 38 | 16:34 | 107.40 | 8:44:58 | 4:53 | 44 | 1:59:10 | 54 | 1:59:10 |
| Neue Ausspanne | 13.40 | 1:14:48 | 5:34 | 100 | 25:58 | 128 | 25:58 | 120.80 | 9:59:46 | 4:57 | 52 | 2:22:56 | 65 | 2:22:56 |
| Kleiner Inselsber | 13.90 | 1:09:47 | 5:01 | 55 | 16:56 | 66 | 16:56 | 134.70 | 11:09:33 | 4:58 | 51 | 2:39:18 | 63 | 2:39:18 |
| Hohe Sonne | 18.80 | 1:38:47 | 5:15 | 100 | 30:28 | 135 | 30:28 | 153.50 | 12:48:20 | 5:00 | 55 | 3:08:53 | 71 | 3:08:53 |
| Hörschel | 15.00 | 1:08:38 | 4:34 | 49 | 19:32 | 58 | 19:32 | 168.50 | 13:56:58 | 4:58 | 49 | 3:28:23 | 65 | 3:28:23 |