



17. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 20.06.2015

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Nonnes letztes Aufgebot (EBS BK)

□□□: 15:10:11

□□: 112

□□: - km/h
□□□□: 5:24 min/km

Enduro E Bike

□□□□□: 136 (of 230)

□□□□□□: 10:28:35

□□□□:

□□□□□: 25(of 73)

Mixstaffel

□□□□□□□: 11:36:46

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.00	1:29:49	5:16	28	16:05	100	23:04	17.00	1:29:49	5:16	28	16:05	231	23:04
Schildwiese	19.20	1:31:53	4:47	24	24:50	108	25:43	36.20	3:01:42	5:01	21	40:52	231	46:33
Neuhaus	16.00	1:35:23	5:57	49	19:51	175	36:01	52.20	4:37:05	5:18	25	1:00:43	231	1:21:37
Masserberg	17.30	1:45:34	6:06	61	42:28	206	42:28	69.50	6:22:39	5:30	36	1:39:35	231	2:00:48
Allzunah	17.90	1:40:07	5:35	33	24:59	147	34:16	87.40	8:02:46	5:31	33	2:02:54	231	2:31:08
Grenzdler	20.00	1:40:13	5:00	40	30:26	125	30:26	107.40	9:42:59	5:25	35	2:29:36	231	2:57:11
Neue Ausspanne	13.40	1:03:33	4:44	4	7:01	40	14:43	120.80	10:46:32	5:21	28	2:35:50	231	3:09:42
Kleiner Inselsber	13.90	1:20:44	5:48	38	22:29	158	27:53	134.70	12:07:16	5:23	27	2:51:10	231	3:37:01
Hohe Sonne	18.80	1:41:10	5:22	38	31:03	152	32:51	153.50	13:48:26	5:23	25	3:16:14	231	4:08:59
Hörschel	15.00	1:21:45	5:27	34	28:21	146	32:39	-	15:10:11	-	25	3:33:25	137	4:41:36