



# 17. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 20.06.2015

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Speedy´s Sport Schart

□□□: 11:33:11

□□: 162

□□: 14.54 km/h  
□□□□: 4:07 min/km

□□: 168.50 km

Blankenstein-Hörschel

□□□□□: 6 (of 230)

□□□□□□: 10:28:35

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□□□□□: 6(of 144)

Männerstaffel

□□□□□□: 10:28:35

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.00	1:09:16	4:04	2	2:31	2	2:31	17.00	1:09:16	4:04	2	2:31	2	2:31
Schildwiese	19.20	1:17:31	4:02	18	11:21	21	11:21	36.20	2:26:47	4:03	5	11:38	7	11:38
Neuhaus	16.00	1:03:52	3:59	3	4:30	3	4:30	52.20	3:30:39	4:02	3	15:11	3	15:11
Masserberg	17.30	1:17:19	4:28	20	12:51	24	14:13	69.50	4:47:58	4:08	6	26:07	7	26:07
Allzunah	17.90	1:10:43	3:57	4	4:52	4	4:52	87.40	5:58:41	4:06	6	27:03	6	27:03
Grenzdler	20.00	1:19:54	3:59	9	8:46	13	10:07	107.40	7:18:35	4:05	6	32:47	7	32:47
Neue Ausspanne	13.40	56:35	4:13	9	7:45	11	7:45	120.80	8:15:10	4:05	6	38:20	7	38:20
Kleiner Inselsber	13.90	59:31	4:16	12	6:40	14	6:40	134.70	9:14:41	4:07	6	44:26	6	44:26
Hohe Sonne	18.80	1:18:05	4:09	14	9:46	18	9:46	153.50	10:32:46	4:07	6	53:19	7	53:19
Hörschel	15.00	1:00:25	4:01	13	11:19	14	11:19	168.50	11:33:11	4:06	6	1:04:36	6	1:04:36