



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Gvildyte, Tekle Emilija

□□: Medeina OK

□□□: 34:04

□□□□: 6:41 min/km

□□: 5.09 km / 24 □□

□□□□:

Women -21E

□□□□□: 6(of 35)

□□□□□□: 29:56

□□: 4:08

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (58)	2:05	8	0:14	12.6	2:05	8	0:14	12.6
2 (59)	1:32	24	0:41	80.4	3:37	12	0:52	31.5
3 (60)	1:07	7	0:07	11.7	4:44	11	0:59	26.2
4 (61)	1:51	17	0:18	19.4	6:35	9	1:10	21.5
5 (62)	1:27	7	0:09	11.5	8:02	9	1:12	17.6
6 (63)	1:07	4	0:04	6.4	9:09	6	1:12	15.1
7 (64)	1:01	4	0:02	3.4	10:10	4	1:14	13.8
8 (65)	2:12	15	0:35	36.1	12:22	5	1:45	16.5
9 (66)	1:04	8	0:06	10.3	13:26	6	1:43	14.7
10 (67)	1:15	7	0:20	36.4	14:41	5	1:53	14.7
11 (68)	1:35	11	0:16	20.3	16:16	6	2:09	15.2
12 (43)	1:34	17	0:18	23.7	17:50	7	2:27	15.9
13 (70)	1:16	4	0:05	7.0	19:06	6	2:15	13.4
14 (71)	1:14	24	0:31	72.1	20:20	6	2:31	14.1
15 (72)	0:34	10	0:04	13.3	20:54	5	2:32	13.8
16 (73)	3:04	10	0:20	12.2	23:58	5	2:51	13.5
17 (74)	0:47	7	0:05	11.9	24:45	5	2:56	13.5
18 (75)	0:47	12	0:14	42.4	25:32	5	3:10	14.2
19 (76)	1:53	29	0:41	56.9	27:25	6	3:43	15.7
20 (77)	2:18	4	0:13	10.4	29:43	6	3:56	15.3
21 (53)	1:22	13	0:10	13.9	31:05	6	4:06	15.2
22 (79)	1:06	6	0:07	11.9	32:11	6	3:52	13.7
23 (80)	1:03	8	0:09	16.7	33:14	6	4:01	13.8
24 (100)	0:28	20	0:05	21.7	33:42	6	4:06	13.9
□□	0:22	17	0:04	22.2	34:04	6	4:08	13.8