



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Rybakovaitė, Kristina

□□: OK KOPA

□□□: 34:06

□□□□: 6:41 min/km

□□: 5.09 km / 24 □□

□□□□:

Women -21E

□□□□□: 7(of 35)

□□□□□□□: 29:56

□□: 4:10

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (58)	2:02	5	0:11	9.9	2:02	5	0:11	9.9
2 (59)	1:06	13	0:15	29.4	3:08	6	0:23	13.9
3 (60)	1:09	9	0:09	15.0	4:17	6	0:32	14.2
4 (61)	1:35	5	0:02	2.2	5:52	5	0:27	8.3
5 (62)	2:00	25	0:42	53.9	7:52	6	1:02	15.1
6 (63)	2:22	31	1:19	125.4	10:14	13	2:17	28.7
7 (64)	1:55	29	0:56	94.9	12:09	18	3:13	36.0
8 (65)	1:59	9	0:22	22.7	14:08	12	3:31	33.1
9 (66)	1:11	17	0:13	22.4	15:19	11	3:36	30.7
10 (67)	1:20	11	0:25	45.5	16:39	10	3:51	30.1
11 (68)	1:30	6	0:11	13.9	18:09	10	4:02	28.6
12 (43)	1:21	4	0:05	6.6	19:30	10	4:07	26.8
13 (70)	1:26	14	0:15	21.1	20:56	9	4:05	24.2
14 (71)	0:57	12	0:14	32.6	21:53	10	4:04	22.8
15 (72)	0:30	1	-	-	22:23	10	4:01	21.9
16 (73)	2:48	4	0:04	2.4	25:11	9	4:04	19.3
17 (74)	0:42	1	-	-	25:53	9	4:04	18.6
18 (75)	0:35	3	0:02	6.1	26:28	9	4:06	18.3
19 (76)	1:17	3	0:05	6.9	27:45	8	4:03	17.1
20 (77)	2:16	2	0:11	8.8	30:01	8	4:14	16.4
21 (53)	1:17	5	0:05	6.9	31:18	7	4:19	16.0
22 (79)	1:08	11	0:09	15.3	32:26	7	4:07	14.5
23 (80)	0:57	2	0:03	5.6	33:23	7	4:10	14.3
24 (100)	0:23	1	-	-	33:46	7	4:10	14.1
□□	0:20	4	0:02	11.1	34:06	7	4:10	13.9