



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Ārniece, Līga

□□: Ozons

□□□: 35:19

□□□□: 6:56 min/km

□□: 5.09 km / 24 □□

□□□□:

Women -21E

□□□□□: 9(of 35)

□□□□□□: 29:56

□□: 5:23

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (58)	3:05	24	1:14	66.7	3:05	24	1:14	66.7
2 (59)	1:10	17	0:19	37.3	4:15	19	1:30	54.6
3 (60)	1:18	18	0:18	30.0	5:33	19	1:48	48.0
4 (61)	1:54	18	0:21	22.6	7:27	14	2:02	37.5
5 (62)	1:27	7	0:09	11.5	8:54	14	2:04	30.2
6 (63)	1:13	11	0:10	15.9	10:07	12	2:10	27.3
7 (64)	1:05	8	0:06	10.2	11:12	9	2:16	25.4
8 (65)	2:04	13	0:27	27.8	13:16	9	2:39	25.0
9 (66)	1:06	9	0:08	13.8	14:22	9	2:39	22.6
10 (67)	2:32	32	1:37	176.4	16:54	13	4:06	32.0
11 (68)	1:26	4	0:07	8.9	18:20	12	4:13	29.9
12 (43)	1:26	10	0:10	13.2	19:46	12	4:23	28.5
13 (70)	1:11	1	-	-	20:57	10	4:06	24.3
14 (71)	0:51	5	0:08	18.6	21:48	9	3:59	22.4
15 (72)	0:30	1	-	-	22:18	9	3:56	21.4
16 (73)	2:58	9	0:14	8.5	25:16	10	4:09	19.7
17 (74)	0:48	10	0:06	14.3	26:04	10	4:15	19.5
18 (75)	1:11	27	0:38	115.2	27:15	10	4:53	21.8
19 (76)	1:17	3	0:05	6.9	28:32	9	4:50	20.4
20 (77)	2:25	9	0:20	16.0	30:57	9	5:10	20.0
21 (53)	1:24	15	0:12	16.7	32:21	9	5:22	19.9
22 (79)	1:08	11	0:09	15.3	33:29	9	5:10	18.3
23 (80)	1:02	5	0:08	14.8	34:31	9	5:18	18.1
24 (100)	0:26	13	0:03	13.0	34:57	9	5:21	18.1
□□	0:22	17	0:04	22.2	35:19	9	5:23	18.0