



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Puķīte, Irita

□□: Kāpa OK

□□□: 35:58

□□□□: 7:03 min/km

□□: 5.09 km / 24 □□

□□□□:

Women -21E

□□□□□: 10(of 35)

□□□□□□: 29:56

□□: 6:02

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (58)	2:14	11	0:23	20.7	2:14	11	0:23	20.7
2 (59)	1:06	13	0:15	29.4	3:20	10	0:35	21.2
3 (60)	1:13	12	0:13	21.7	4:33	9	0:48	21.3
4 (61)	1:38	7	0:05	5.4	6:11	6	0:46	14.2
5 (62)	1:20	2	0:02	2.6	7:31	4	0:41	10.0
6 (63)	1:17	15	0:14	22.2	8:48	4	0:51	10.7
7 (64)	1:12	11	0:13	22.0	10:00	3	1:04	11.9
8 (65)	1:50	7	0:13	13.4	11:50	3	1:13	11.5
9 (66)	1:02	7	0:04	6.9	12:52	3	1:09	9.8
10 (67)	3:01	35	2:06	229.1	15:53	8	3:05	24.1
11 (68)	1:33	7	0:14	17.7	17:26	8	3:19	23.5
12 (43)	1:26	10	0:10	13.2	18:52	8	3:29	22.6
13 (70)	1:16	4	0:05	7.0	20:08	8	3:17	19.5
14 (71)	0:54	8	0:11	25.6	21:02	7	3:13	18.1
15 (72)	0:38	21	0:08	26.7	21:40	8	3:18	18.0
16 (73)	2:54	6	0:10	6.1	24:34	7	3:27	16.3
17 (74)	0:49	12	0:07	16.7	25:23	7	3:34	16.4
18 (75)	0:43	10	0:10	30.3	26:06	7	3:44	16.7
19 (76)	2:57	33	1:45	145.8	29:03	10	5:21	22.6
20 (77)	2:22	7	0:17	13.6	31:25	10	5:38	21.9
21 (53)	1:17	5	0:05	6.9	32:42	10	5:43	21.2
22 (79)	1:19	25	0:20	33.9	34:01	10	5:42	20.1
23 (80)	1:10	15	0:16	29.6	35:11	10	5:58	20.4
24 (100)	0:26	13	0:03	13.0	35:37	10	6:01	20.3
□□	0:21	8	0:03	16.7	35:58	10	6:02	20.2