



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Fagerudd, Salla

□□: Paimion Rasti

□□□: 37:57

□□□□: 7:27 min/km

□□: 5.09 km / 24 □□

□□□□:

Women -21E

□□□□□: 14(of 35)

□□□□□□: 29:56

□□: 8:01

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (58)	2:10	10	0:19	17.1	2:10	10	0:19	17.1
2 (59)	0:59	10	0:08	15.7	3:09	7	0:24	14.6
3 (60)	1:18	18	0:18	30.0	4:27	8	0:42	18.7
4 (61)	3:51	27	2:18	148.4	8:18	22	2:53	53.2
5 (62)	1:34	15	0:16	20.5	9:52	21	3:02	44.4
6 (63)	1:12	10	0:09	14.3	11:04	18	3:07	39.2
7 (64)	1:19	18	0:20	33.9	12:23	19	3:27	38.6
8 (65)	3:30	30	1:53	116.5	15:53	18	5:16	49.6
9 (66)	1:01	5	0:03	5.2	16:54	18	5:11	44.2
10 (67)	1:38	21	0:43	78.2	18:32	19	5:44	44.8
11 (68)	1:42	15	0:23	29.1	20:14	19	6:07	43.3
12 (43)	1:38	18	0:22	29.0	21:52	19	6:29	42.2
13 (70)	1:21	7	0:10	14.1	23:13	18	6:22	37.8
14 (71)	1:02	19	0:19	44.2	24:15	16	6:26	36.1
15 (72)	0:35	13	0:05	16.7	24:50	16	6:28	35.2
16 (73)	3:10	13	0:26	15.9	28:00	15	6:53	32.6
17 (74)	0:48	10	0:06	14.3	28:48	15	6:59	32.0
18 (75)	0:48	13	0:15	45.5	29:36	15	7:14	32.3
19 (76)	1:16	2	0:04	5.6	30:52	15	7:10	30.2
20 (77)	2:35	17	0:30	24.0	33:27	14	7:40	29.7
21 (53)	1:26	18	0:14	19.4	34:53	14	7:54	29.3
22 (79)	1:08	11	0:09	15.3	36:01	14	7:42	27.2
23 (80)	1:08	12	0:14	25.9	37:09	14	7:56	27.2
24 (100)	0:27	17	0:04	17.4	37:36	14	8:00	27.0
□□	0:21	8	0:03	16.7	37:57	14	8:01	26.8