



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Kutsenina, Liubov

□□: SRD SK

□□□: 39:04

□□□□: 7:40 min/km

□□: 5.09 km / 24 □□

□□□□:

Women -21E

□□□□□: 17(of 35)

□□□□□□□: 29:56

□□: 9:08

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (58)	4:12	31	2:21	127.0	4:12	31	2:21	127.0
2 (59)	0:53	7	0:02	3.9	5:05	28	2:20	84.9
3 (60)	1:15	14	0:15	25.0	6:20	25	2:35	68.9
4 (61)	1:42	8	0:09	9.7	8:02	21	2:37	48.3
5 (62)	1:28	10	0:10	12.8	9:30	19	2:40	39.0
6 (63)	1:17	15	0:14	22.2	10:47	17	2:50	35.6
7 (64)	1:12	11	0:13	22.0	11:59	15	3:03	34.1
8 (65)	1:53	8	0:16	16.5	13:52	10	3:15	30.6
9 (66)	2:32	33	1:34	162.1	16:24	17	4:41	40.0
10 (67)	1:53	27	0:58	105.5	18:17	17	5:29	42.8
11 (68)	1:42	15	0:23	29.1	19:59	18	5:52	41.6
12 (43)	1:41	19	0:25	32.9	21:40	17	6:17	40.9
13 (70)	1:28	16	0:17	23.9	23:08	17	6:17	37.3
14 (71)	1:19	27	0:36	83.7	24:27	17	6:38	37.2
15 (72)	1:10	32	0:40	133.3	25:37	18	7:15	39.5
16 (73)	2:56	7	0:12	7.3	28:33	16	7:26	35.2
17 (74)	0:52	18	0:10	23.8	29:25	16	7:36	34.8
18 (75)	1:12	28	0:39	118.2	30:37	17	8:15	36.9
19 (76)	1:30	15	0:18	25.0	32:07	17	8:25	35.5
20 (77)	2:31	15	0:26	20.8	34:38	17	8:51	34.3
21 (53)	1:25	17	0:13	18.1	36:03	17	9:04	33.6
22 (79)	1:11	18	0:12	20.3	37:14	17	8:55	31.5
23 (80)	1:05	9	0:11	20.4	38:19	17	9:06	31.2
24 (100)	0:24	4	0:01	4.4	38:43	17	9:07	30.8
□□	0:21	8	0:03	16.7	39:04	17	9:08	30.5