



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Mikkelsen, Christine

□□: IK Grane

□□□: 39:28

□□□□: 7:45 min/km

□□: 5.09 km / 24 □□

□□□□:

Women -21E

□□□□□: 18(of 35)

□□□□□□□: 29:56

□□: 9:32

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (58)	2:29	18	0:38	34.2	2:29	18	0:38	34.2
2 (59)	2:25	29	1:34	184.3	4:54	24	2:09	78.2
3 (60)	1:18	18	0:18	30.0	6:12	24	2:27	65.3
4 (61)	1:47	13	0:14	15.1	7:59	20	2:34	47.4
5 (62)	2:47	32	1:29	114.1	10:46	24	3:56	57.6
6 (63)	1:09	9	0:06	9.5	11:55	23	3:58	49.9
7 (64)	1:51	28	0:52	88.1	13:46	23	4:50	54.1
8 (65)	2:11	14	0:34	35.1	15:57	19	5:20	50.2
9 (66)	1:19	25	0:21	36.2	17:16	20	5:33	47.4
10 (67)	2:19	31	1:24	152.7	19:35	23	6:47	53.0
11 (68)	1:45	17	0:26	32.9	21:20	22	7:13	51.1
12 (43)	1:26	10	0:10	13.2	22:46	20	7:23	48.0
13 (70)	1:21	7	0:10	14.1	24:07	20	7:16	43.1
14 (71)	0:51	5	0:08	18.6	24:58	18	7:09	40.1
15 (72)	0:35	13	0:05	16.7	25:33	17	7:11	39.1
16 (73)	3:22	15	0:38	23.2	28:55	17	7:48	36.9
17 (74)	0:51	17	0:09	21.4	29:46	17	7:57	36.4
18 (75)	1:04	23	0:31	93.9	30:50	18	8:28	37.9
19 (76)	1:31	16	0:19	26.4	32:21	18	8:39	36.5
20 (77)	2:39	20	0:34	27.2	35:00	18	9:13	35.8
21 (53)	1:19	8	0:07	9.7	36:19	18	9:20	34.6
22 (79)	1:06	6	0:07	11.9	37:25	18	9:06	32.1
23 (80)	1:13	19	0:19	35.2	38:38	18	9:25	32.2
24 (100)	0:28	20	0:05	21.7	39:06	18	9:30	32.1
□□	0:22	17	0:04	22.2	39:28	18	9:32	31.9