



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Rosink, Marina

□□: OL-Team Filder

□□□: 45:07

□□□□: 8:51 min/km

□□: 5.09 km / 24 □□

□□□□:

Women -21E

□□□□□: 23(of 35)

□□□□□□: 29:56

□□: 15:11

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (58)	3:44	29	1:53	101.8	3:44	29	1:53	101.8
2 (59)	1:35	25	0:44	86.3	5:19	29	2:34	93.3
3 (60)	1:29	26	0:29	48.3	6:48	28	3:03	81.3
4 (61)	5:09	32	3:36	232.3	11:57	32	6:32	120.6
5 (62)	1:42	20	0:24	30.8	13:39	31	6:49	99.8
6 (63)	1:19	17	0:16	25.4	14:58	30	7:01	88.3
7 (64)	1:19	18	0:20	33.9	16:17	29	7:21	82.3
8 (65)	2:44	23	1:07	69.1	19:01	29	8:24	79.1
9 (66)	1:18	24	0:20	34.5	20:19	28	8:36	73.4
10 (67)	2:32	32	1:37	176.4	22:51	28	10:03	78.5
11 (68)	2:08	26	0:49	62.0	24:59	28	10:52	77.0
12 (43)	1:45	21	0:29	38.2	26:44	27	11:21	73.8
13 (70)	1:43	26	0:32	45.1	28:27	26	11:36	68.8
14 (71)	0:55	10	0:12	27.9	29:22	26	11:33	64.8
15 (72)	0:37	18	0:07	23.3	29:59	26	11:37	63.3
16 (73)	3:58	28	1:14	45.1	33:57	26	12:50	60.8
17 (74)	1:09	30	0:27	64.3	35:06	25	13:17	60.9
18 (75)	0:45	11	0:12	36.4	35:51	25	13:29	60.3
19 (76)	1:32	17	0:20	27.8	37:23	24	13:41	57.7
20 (77)	2:57	25	0:52	41.6	40:20	24	14:33	56.4
21 (53)	1:34	21	0:22	30.6	41:54	24	14:55	55.3
22 (79)	1:15	21	0:16	27.1	43:09	24	14:50	52.4
23 (80)	1:09	14	0:15	27.8	44:18	23	15:05	51.6
24 (100)	0:28	20	0:05	21.7	44:46	23	15:10	51.2
□□	0:21	8	0:03	16.7	45:07	23	15:11	50.7