



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Šinke, Madara

□□: Kāpa OK

□□□: 45:17

□□□□: 8:53 min/km

□□: 5.09 km / 24 □□

□□□□:

Women -21E

□□□□□: 24(of 35)

□□□□□□: 29:56

□□: 15:21

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (58)	2:31	19	0:40	36.0	2:31	19	0:40	36.0
2 (59)	1:07	15	0:16	31.4	3:38	13	0:53	32.1
3 (60)	1:19	21	0:19	31.7	4:57	15	1:12	32.0
4 (61)	1:50	16	0:17	18.3	6:47	10	1:22	25.2
5 (62)	2:32	30	1:14	94.9	9:19	17	2:29	36.3
6 (63)	2:00	27	0:57	90.5	11:19	20	3:22	42.4
7 (64)	1:17	15	0:18	30.5	12:36	20	3:40	41.0
8 (65)	3:37	31	2:00	123.7	16:13	21	5:36	52.8
9 (66)	1:11	17	0:13	22.4	17:24	21	5:41	48.5
10 (67)	1:24	14	0:29	52.7	18:48	20	6:00	46.9
11 (68)	2:24	30	1:05	82.3	21:12	21	7:05	50.2
12 (43)	1:47	23	0:31	40.8	22:59	22	7:36	49.4
13 (70)	1:36	22	0:25	35.2	24:35	22	7:44	45.9
14 (71)	1:04	20	0:21	48.8	25:39	21	7:50	44.0
15 (72)	0:36	16	0:06	20.0	26:15	20	7:53	42.9
16 (73)	3:40	21	0:56	34.2	29:55	19	8:48	41.7
17 (74)	1:02	25	0:20	47.6	30:57	20	9:08	41.9
18 (75)	0:51	16	0:18	54.6	31:48	20	9:26	42.2
19 (76)	1:40	23	0:28	38.9	33:28	20	9:46	41.2
20 (77)	2:58	26	0:53	42.4	36:26	21	10:39	41.3
21 (53)	1:37	25	0:25	34.7	38:03	21	11:04	41.0
22 (79)	4:59	35	4:00	406.8	43:02	23	14:43	52.0
23 (80)	1:22	27	0:28	51.9	44:24	24	15:11	52.0
24 (100)	0:29	28	0:06	26.1	44:53	24	15:17	51.6
□□	0:24	27	0:06	33.3	45:17	24	15:21	51.3