



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Kārkliņa, Elīna

□□: Mežmalas / Madona

□□□: 58:08

□□□□: 11:25 min/km

□□: 5.09 km / 24 □□

□□□□:

Women -21E

□□□□□: 33(of 35)

□□□□□□□: 29:56

□□: 28:12

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (58)	2:26	17	0:35	31.5	2:26	17	0:35	31.5
2 (59)	1:12	20	0:21	41.2	3:38	13	0:53	32.1
3 (60)	1:10	11	0:10	16.7	4:48	12	1:03	28.0
4 (61)	5:36	34	4:03	261.3	10:24	30	4:59	92.0
5 (62)	2:07	27	0:49	62.8	12:31	29	5:41	83.2
6 (63)	1:26	19	0:23	36.5	13:57	28	6:00	75.5
7 (64)	2:06	31	1:07	113.6	16:03	28	7:07	79.7
8 (65)	2:42	21	1:05	67.0	18:45	28	8:08	76.6
9 (66)	1:09	15	0:11	19.0	19:54	27	8:11	69.8
10 (67)	1:22	13	0:27	49.1	21:16	27	8:28	66.2
11 (68)	1:55	23	0:36	45.6	23:11	26	9:04	64.2
12 (43)	1:31	14	0:15	19.7	24:42	26	9:19	60.6
13 (70)	5:38	32	4:27	376.1	30:20	30	13:29	80.0
14 (71)	8:52	35	8:09	1,137.2	39:12	33	21:23	120.0
15 (72)	0:33	5	0:03	10.0	39:45	33	21:23	116.4
16 (73)	5:04	34	2:20	85.4	44:49	33	23:42	112.2
17 (74)	1:27	32	0:45	107.1	46:16	33	24:27	112.1
18 (75)	0:54	18	0:21	63.6	47:10	33	24:48	110.9
19 (76)	3:03	34	1:51	154.2	50:13	33	26:31	111.9
20 (77)	2:44	22	0:39	31.2	52:57	33	27:10	105.4
21 (53)	1:36	23	0:24	33.3	54:33	33	27:34	102.2
22 (79)	1:09	15	0:10	17.0	55:42	33	27:23	96.7
23 (80)	1:40	33	0:46	85.2	57:22	33	28:09	96.4
24 (100)	0:24	4	0:01	4.4	57:46	33	28:10	95.2
□□	0:22	17	0:04	22.2	58:08	33	28:12	94.2