



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Veļķere, Līva

□□: Alūksne OK

□□□: 1:21:21

□□□□: 15:58 min/km

□□: 5.09 km / 24 □□

□□□□:

Women -21E

□□□□□: 35(of 35)

□□□□□□□: 29:56

□□: 51:25

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (58)	6:54	35	5:03	273.0	6:54	35	5:03	273.0
2 (59)	3:25	34	2:34	302.0	10:19	34	7:34	275.2
3 (60)	1:53	33	0:53	88.3	12:12	34	8:27	225.3
4 (61)	5:58	35	4:25	285.0	18:10	35	12:45	235.4
5 (62)	5:17	35	3:59	306.4	23:27	35	16:37	243.2
6 (63)	3:17	34	2:14	212.7	26:44	35	18:47	236.3
7 (64)	3:49	35	2:50	288.1	30:33	35	21:37	242.0
8 (65)	3:00	27	1:23	85.6	33:33	35	22:56	216.0
9 (66)	5:05	35	4:07	425.9	38:38	35	26:55	229.7
10 (67)	2:08	29	1:13	132.7	40:46	35	27:58	218.5
11 (68)	2:54	31	1:35	120.3	43:40	35	29:33	209.3
12 (43)	3:02	33	1:46	139.5	46:42	35	31:19	203.6
13 (70)	6:02	34	4:51	409.9	52:44	35	35:53	213.0
14 (71)	1:47	31	1:04	148.8	54:31	35	36:42	206.0
15 (72)	0:48	28	0:18	60.0	55:19	35	36:57	201.2
16 (73)	7:39	35	4:55	179.9	1:02:58	35	41:51	198.2
17 (74)	1:51	33	1:09	164.3	1:04:49	35	43:00	197.1
18 (75)	1:52	34	1:19	239.4	1:06:41	35	44:19	198.1
19 (76)	2:42	32	1:30	125.0	1:09:23	35	45:41	192.8
20 (77)	4:02	34	1:57	93.6	1:13:25	35	47:38	184.7
21 (53)	3:06	34	1:54	158.3	1:16:31	35	49:32	183.6
22 (79)	1:28	29	0:29	49.2	1:17:59	35	49:40	175.4
23 (80)	2:27	34	1:33	172.2	1:20:26	35	51:13	175.3
24 (100)	0:32	33	0:09	39.1	1:20:58	35	51:22	173.5
□□	0:23	26	0:05	27.8	1:21:21	35	51:25	171.8