



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Bīriņa, Anda

□□: Ogre OK/SC

□□□: 38:44

□□□□: 9:26 min/km

□□: 4.10 km / 19 □□

□□□□:

Women -21A

□□□□□: 2(of 26)

□□□□□□□: 36:40

□□: 2:04

□□□□

| □□       | □□<br>□□ | □□<br>- | □□<br>- | □□<br>% | □□□<br>□□ | □□<br>- | □□<br>- | □□<br>% |
|----------|----------|---------|---------|---------|-----------|---------|---------|---------|
| 1 (123)  | 3:06     | 17      | 0:58    | 45.3    | 3:06      | 17      | 0:58    | 45.3    |
| 2 (83)   | 3:41     | 16      | 1:10    | 46.4    | 6:47      | 13      | 1:54    | 38.9    |
| 3 (109)  | 1:38     | 13      | 0:31    | 46.3    | 8:25      | 11      | 2:25    | 40.3    |
| 4 (86)   | 2:15     | 7       | 0:36    | 36.4    | 10:40     | 9       | 2:28    | 30.1    |
| 5 (89)   | 1:25     | 3       | 0:01    | 1.2     | 12:05     | 7       | 2:19    | 23.7    |
| 6 (124)  | 1:02     | 7       | 0:08    | 14.8    | 13:07     | 6       | 2:17    | 21.1    |
| 7 (125)  | 3:07     | 2       | 0:04    | 2.2     | 16:14     | 4       | 2:07    | 15.0    |
| 8 (93)   | 3:57     | 8       | 0:52    | 28.1    | 20:11     | 3       | 1:54    | 10.4    |
| 9 (115)  | 1:19     | 15      | 0:33    | 71.7    | 21:30     | 3       | 2:09    | 11.1    |
| 10 (91)  | 2:10     | 6       | 0:28    | 27.5    | 23:40     | 2       | 2:01    | 9.3     |
| 11 (116) | 2:25     | 17      | 0:41    | 39.4    | 26:05     | 2       | 2:18    | 9.7     |
| 12 (117) | 0:53     | 4       | 0:03    | 6.0     | 26:58     | 2       | 2:17    | 9.3     |
| 13 (118) | 1:31     | 3       | 0:15    | 19.7    | 28:29     | 2       | 2:17    | 8.7     |
| 14 (99)  | 1:01     | 22      | 0:37    | 154.2   | 29:30     | 3       | 2:09    | 7.9     |
| 15 (119) | 3:33     | 5       | 0:28    | 15.1    | 33:03     | 3       | 2:08    | 6.9     |
| 16 (53)  | 1:06     | 15      | 0:13    | 24.5    | 34:09     | 3       | 2:05    | 6.5     |
| 17 (103) | 2:07     | 4       | 0:23    | 22.1    | 36:16     | 2       | 2:02    | 5.9     |
| 18 (126) | 1:03     | 6       | 0:07    | 12.5    | 37:19     | 2       | 1:59    | 5.6     |
| 19 (100) | 0:58     | 14      | 0:10    | 20.8    | 38:17     | 2       | 2:04    | 5.7     |
| □□       | 0:27     | 14      | 0:07    | 35.0    | 38:44     | 2       | 2:04    | 5.6     |