



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Baltriukaite, Ieva

□□: OK KOPA

□□□: 41:05

□□□□: 10:01 min/km

□□: 4.10 km / 19 □□

□□□□:

Women -21A

□□□□□: 7(of 26)

□□□□□□□: 36:40

□□: 4:25

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (123)	2:34	7	0:26	20.3	2:34	7	0:26	20.3
2 (83)	5:34	25	3:03	121.2	8:08	19	3:15	66.6
3 (109)	1:11	6	0:04	6.0	9:19	13	3:19	55.3
4 (86)	2:02	4	0:23	23.2	11:21	11	3:09	38.4
5 (89)	1:25	3	0:01	1.2	12:46	10	3:00	30.7
6 (124)	0:56	2	0:02	3.7	13:42	10	2:52	26.5
7 (125)	3:42	9	0:39	21.3	17:24	9	3:17	23.3
8 (93)	3:37	4	0:32	17.3	21:01	4	2:44	15.0
9 (115)	0:56	4	0:10	21.7	21:57	4	2:36	13.4
10 (91)	5:15	23	3:33	208.8	27:12	10	5:33	25.6
11 (116)	2:00	9	0:16	15.4	29:12	10	5:25	22.8
12 (117)	1:19	18	0:29	58.0	30:31	10	5:50	23.6
13 (118)	1:45	9	0:29	38.2	32:16	10	6:04	23.2
14 (99)	0:34	11	0:10	41.7	32:50	10	5:29	20.1
15 (119)	3:20	2	0:15	8.1	36:10	8	5:15	17.0
16 (53)	0:59	6	0:06	11.3	37:09	8	5:05	15.9
17 (103)	1:44	1	-	-	38:53	7	4:39	13.6
18 (126)	0:58	3	0:02	3.6	39:51	7	4:31	12.8
19 (100)	0:50	3	0:02	4.2	40:41	7	4:28	12.3
□□	0:24	9	0:04	20.0	41:05	7	4:25	12.1